

LETTERKENNY '10' MILE ROAD RACE, 1984

Saturday, 01 September 1984

By Ollie Thomas
Archive: Ollie Thomas

Donegal Democrat, 07 Sept 1984

Letterkenny athlete Noel McCarron, now based in Dublin was a very popular winner of the inaugural Letterkenny '10' Mile Road Race last Saturday Evening. Noel who has already his international vest for Ireland over the marathon distance, showed that he has recovered his form and should once again be knocking at the door for further International recognition. This was his second winning race in the same week, as he won a five mile road race in Dublin the previous Tuesday in a field of over 400 runners. On Saturday over his own familiar track he had a comfortable 30 seconds to spare over Pat Hegarty, Finn Valley who was taking second place for the second time on successive weekends, 2nd to Dave Taylor in the Festival 5 Mile. Coleraine student, Gerry O'Neill was a fast finishing 3rd closing on Hegarty with every stride over the long Railway Road straight finish.

Derry's Christy McMonagle was an easy winner of the veteran section in the excellent time of 55.47 with Jim Hynes (Finn Valley AC) and M. Cullen (Letterkenny AC) in the minor places. Heather Stuart (Letterkenny AC) made a winning return from Belfast to her familiar road scene to take the ladies prize ahead of Yvonne Strawbridge (Derry), who had earlier in the afternoon taken part in the 'Strabane Ladies 5 Mile Road Race', and Anne McGill Finn Valley AC.



A strong Killybegs AC Team made the Letterkenny AC Squad run all the way before the home team could claim the team prize. Paddy O'Donnell's returned to action made a great impact on his Killybegs team mates who should be seen to greater effect in the coming months. Letterkenny AC's Ronnie Wilkinson had his best ever 10 mile time, clocking in at 53.27, two minutes better than his previous best for the distance. Michael Sandilands (Finn Valley) was the over 50 winner and Finn Valley AC veterans took the veterans team spot. Margaret McCormack and Mary Roarty, both Letterkenny AC veteran ladies, were

very popular winners when sharing the team prize with Heather Stuart.

The inaugural 'Letterkenny 10' was jointly sponsored by Sub 4 International, represented at the race by Mr. Jim Walshe and Donegal Co-operative Creameries represented by Mr. Gerry Deignan who indeed gave enthusiastic assistance in presentations for the race. On behalf of Letterkenny AC, Mr. Danny McDaid expressed his clubs thanks for the very generous sponsorship by the two Letterkenny companies and their great interest in the race which he hoped Letterkenny AC could make into one of Ireland's premier road races.

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| Pos | Name | Club | Time |
|-----|------------------------|------|-------|
| 1 | N. McCarron | | 50.21 |
| 2 | P. Hegarty | | 50.56 |
| 3 | G. O'Neill | | 51.06 |
| 4 | P. O'Donnell | | 51.42 |
| 5 | J. McDowell | | 51.54 |
| 6 | R. Alcorn | | 53.23 |
| 7 | R. Wilkinson | | 53.27 |
| 8 | Seamus O'Donnell | | 53.28 |
| 9 | P. Connelly | | 53.36 |
| 10 | D. Bonner | | 53.48 |
| 11 | H. Conway | | 54.35 |
| 12 | J. Finnigan | | 54.47 |
| 13 | J.B. O'Donnell | | 55.09 |
| 14 | E. McMenamin | | 55.23 |
| 15 | I. Adams | | 55.30 |
| 16 | C. McMonagle (1st Vet) | | 55.34 |
| 17 | S. Stuart | | 55.47 |
| 18 | F. Ward | | 55.49 |
| 19 | K. Toner | | 55.51 |
| 20 | M. Burke | | 56.21 |
| 21 | K. O'Donnell | | 56.31 |
| 22 | Sean O'Donnell | | 56.36 |
| 23 | J. Gildea | | 57.30 |
| 24 | G. Cannon | | 58.00 |
| 25 | M. Gallagher | | 58.05 |
| 26 | M. Doherty | | 58.11 |
| 27 | S. Toner | | 58.15 |
| 28 | J. Doherty | | 58.23 |
| 29 | Jim Hynes (2nd Vet) | | 59.16 |
| 30 | B. McArt | | 59.24 |
| 31 | D. McCallum | | 59.32 |
| 32 | B. Slane | | 59.40 |
| 33 | P. Flaherty | | 60.02 |
| 34 | H. Roarty | | 60.04 |
| 35 | C. Cregan | | 60.18 |
| 36 | D. Crampsie | | 60.26 |
| 37 | M. Cullen (3rd Vet) | | 60.43 |
| 38 | D. Haughey | | 60.52 |
| 39 | Sean Keenaghan | | 60.58 |
| 40 | C. Fox | | 61.00 |
| 41 | J. Rushe | | 61.12 |
| 42 | J. Friel | | 61.18 |
| 43 | J. McGlinchey | | 61.35 |
| 44 | D. Gallagher | | 61.37 |
| 45 | J. Lee | | 61.56 |
| 46 | K. Kiely | | 62.33 |
| 47 | J. McMonagle | | 62.50 |
| 48 | C. Moran | | 62.54 |
| 49 | T. McBrearty | | 62.58 |
| 50 | D. Doherty | | 63.00 |
| 51 | P. McMenamin | | 63.19 |

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| Pos | Name | Club | Time |
|-----|---------------------------|------|-------|
| 52 | M. Sweeney | | 63.38 |
| 53 | B. Gallagher | | 63.40 |
| 54 | B. McCole | | 64.00 |
| 55 | J. Devenney | | 64.20 |
| 56 | P. Donoghue | | 64.31 |
| 57 | N. McDaid | | 64.37 |
| 58 | P. Fanning | | 64.55 |
| 59 | D. Cusack | | 64.56 |
| 60 | A. Kelly | | 66.23 |
| 61 | P. McGonagle | | 66.24 |
| 62 | E. Drumm | | 66.27 |
| 63 | P. Britton | | 66.30 |
| 64 | D. Dunne | | 66.32 |
| 65 | P. Brogan | | 66.44 |
| 66 | B. Ward | | 66.51 |
| 67 | M. Kelly | | 66.58 |
| 68 | H. Stuart (1st Lady) | | 66.59 |
| 69 | M. Sandilands (1st 50) | | 67.22 |
| 70 | M. Bonar | | 67.39 |
| 71 | S. Smith | | 67.50 |
| 72 | L. Burns | | 67.57 |
| 73 | T. Burns | | 67.57 |
| 74 | N. Thomas | | 68.00 |
| 75 | N. Smith | | 68.22 |
| 76 | K. Ramsey | | 68.24 |
| 77 | K. Breslin | | 70.15 |
| 78 | M. McGee | | 71.05 |
| 79 | T. Doherty | | 71.28 |
| 80 | C. Scully | | 71.27 |
| 81 | D. Reid | | 71.48 |
| 82 | J. McDaid | | 71.56 |
| 83 | P. Gaffney | | 72.00 |
| 84 | O. O'Donnell | | 72.06 |
| 85 | D. Curley | | 72.46 |
| 86 | P. McGowan | | 73.06 |
| 87 | H.A. Cassidy | | 73.13 |
| 88 | G. Baldrick | | 73.24 |
| 89 | H. Long | | 73.30 |
| 90 | J. Foy | | 73.31 |
| 91 | P. McDowell | | 73.46 |
| 92 | O. Thomas | | 73.57 |
| 93 | Y. Strawbridge (2nd Lady) | | 74.25 |
| 94 | H. Strawbridge | | 74.25 |
| 95 | A. McGill (3rd Lady) | | 74.33 |
| 96 | S. McMenamin | | 75.18 |
| 97 | J. Sweeney | | 75.20 |
| 98 | P. McLaughlin | | 75.23 |
| 99 | J. Kirk | | 75.30 |
| 100 | G. McGallion | | 76.16 |
| 101 | M. McDaid | | 76.18 |
| 102 | R. Lynch (4th Lady) | | 76.31 |
| 103 | K. O'Donnell | | 76.50 |

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| Pos | Name | Club | Time |
|-----|-------------------------------|------|-------|
| 104 | S. O'Farrell | | 77.03 |
| 105 | A. Downey | | 77.10 |
| 106 | J. O'Donnell | | 77.58 |
| 107 | Damien Thomas | | 79.30 |
| 108 | Margaret McCormack (5th Lady) | | 79.54 |
| 109 | M. Roarty | | 80.50 |
| 110 | J.C. Duffy | | 82.22 |
| 111 | P. Doherty | | 82.53 |
| 112 | S. McMullen | | 83.05 |
| 113 | D. McGinty | | 84.20 |
| 114 | S. McRory | | 88.51 |
| 115 | M. Monaghan | | 90.43 |
| 116 | M. Doherty (6th Lady) | | 90.44 |
| 117 | R.M. Bonner | | 90.45 |
| 118 | | | |