

BALLYSHANNON 5K 1985

SOUTH DONEGAL HARRIERS 5K SERIES I

24 February 1985

By Ollie Thomas
Archive Pat McManus
Archive Oliver Thomas (Snr)

South Donegal Harriers 5k Draws the Crowds, from the Donegal Democrat dated 01st March 1985

The first of the 1985 South Donegal Harriers 5k Road Race series got under way in bright sunshine at Ballyshannon last Sunday. Seventy six bodied of all shapes and sizes were sent away on their 5000m trip by starter Eamon Harvey at 2:00pm sharp.

There followed what could be described as a lot of limb searching and perhaps soul searching as the race would its way along the narrow road at Legaltion. But it was worth it all. At the end there was the satisfaction of a job well done and a Sunday afternoon well spent. Perhaps also many veterans of the

Ballyshannon '10' were glad that it was a 5k after all, and there are still several months of preparation before it will become necessary to tackle the Higginstown Hill.

There was massive participation by South Donegal Harrier athletes and good support from Killybegs, Finn Valley and Letterkenny. There were also many athletes from across the border as well as from Sligo, Bundoran Joggers Club, the group started a year ago by Paddy Donoghue and Carol Warnock were there in big numbers. What a successful group they have become. Up front Paul Ritchie had a fine win on very light training as he is just recovering from a knee injury. Ralph Wilson had his best run for a long time and took 2nd place. The Thomas

Family, Ollie, Noel, Damien and Oliver (Snr) all improved by 2-3 minutes on their times in the same event last year. Killybegs have always been capable of producing good distance men and Rory Ward in 5th place looks capable of joining that distinguished group. It was also nice to see Bertie McGuinn of North Sligo, now a vet, back in action following a bicycle fall while training for last years Triathlon in Sligo.

The next in the 5k Series will be in Bundoran on Sunday March 10th at 2:00pm. Paddy Donoghue promises a new course this year, probably the middle section of last January's 10k, the circle taking in Tullaghan and the new road and consequently almost totally flat.

Pos	Name	Club	Time
1	Paul Ritchie	South Donegal Harriers	15.42
2	Ralph Wilson	South Donegal Harriers	16.13
3	Stephen O'Mahoney	Finner	16.26
4	Gerry Kilfeather	North Sligo	16.40
5	Rory Ward	Killybegs	16.44
6	Pat Brady	South Donegal Harriers	16.53
7	Donal Haughey	Killybegs	16.56
8	Jim Hynes (1st O-40)	Finn Valley	16.58
9	Ollie Thomas	South Donegal Harriers	16.59
10	Pat McManus	South Donegal Harriers	17.02
11	John Cannon	Killybegs	17.32
12	Bertie McGuinn (2nd O-40)	North Sligo	17.36
13	Declan McGlinchey (1st U-16)	Finn Valley	17.39
14	Paddy Donoghue	South Donegal Harriers	17.43
15	Hugh Roarty (3rd O-40)	Letterkenny	17.45
16	Jackie McGlinchey	Finn Valley	17.51
17	Jackie Lally	Ballyshannon	17.52
18	Tony Monaghan	Erne Striders	17.53
19	Pat Britton	South Donegal Harriers	17.55
20	John Haughey	South Donegal Harriers	17.56
21	Francis Byrne	Killybegs	18.08
22	Sean Keenaghan	South Donegal Harriers	18.09
23	Jackie Rushe	Finn Valley	18.12
24	Damien Gallagher	South Donegal Harriers	18.15

BALLYSHANNON 5K 1985
SOUTH DONEGAL HARRIERS 5K SERIES I

24 February 1985

By Ollie Thomas
 Archive Pat McManus
 Archive Oliver Thomas (Snr)

Pos	Name	Club	Time
25	Noel Thomas (1st U-19)	South Donegal Harriers	18.36
26	Thomas McBrearty	Killybegs	18.49
27	Joe Duffy	Ballyshannon	19.02
28	Patsy McGonagle	Finn Valley	19.08
29	Barry Fannon	Ballyshannon	19.13
30	Richard Carty	Bundoran	19.13
31	Tony Leonard	North Sligo	19.15
32	Sam Wallace	Letterkenny	19.17
33	Oliver Thomas (Snr)	South Donegal Harriers	19.30
34	Miriam Bredin (1st lady)	South Donegal Harriers	19.36
35	Michael Sandilands (1st O-50)	Finn Valley	19.41
36	John Fitzgerald	Milford	20.04
37	Damien Thomas	South Donegal Harriers	20.14
38	P.J. McGrath	South Donegal Harriers	20.17
39	J.J. McBrearty	Killybegs	20.21
40	Ann McGill (2nd lady)	Finn Valley	20.27
41	Gabriel O'Donnell	South Donegal Harriers	20.55
42	James Gavin	Finn Valley	21.15
43	Gary Cinaghan	Milford	21.52
44	Rory Kennedy	South Donegal Harriers	21.54
45	Des Curley	South Donegal Harriers	21.56
46	Martin Gallagher	Ballyshannon	21.57
47	Martin Mannion	Ballyshannon	21.58
48	Michael Magee	Ballyshannon	22.00
49	Gerry Fagan	Donegal Town	22.05
50	Patrick McCrudden	Finn Valley	22.07
51	Charles McGrane	South Donegal Harriers	22.18
52	Oliver McCabe	Bundoran Joggers Club	22.24
53	Eamon Murphy	South Donegal Harriers	22.27
54	Sean Brennan	South Donegal Harriers	22.28
55	Aidan Rooney	South Donegal Harriers	22.51
56	Frankie McCafferty	Donegal Town	23.18
57	Aidan Ferguson	Belleek	23.45
58	Shane Keenaghan	Ballyshannon	23.58
59	Gabriel McGee	Ballyshannon	24.02
60	Rosaleen McGonagle (3rd lady)	Finn Valley	24.06
61	May McCafferty	South Donegal Harriers	24.33
62	Thomas Mannion	Ballyshannon	25.38
63	Seamus Doherty	Belleek	25.42
64	Elizabeth McIntyre	Bundoran Joggers Club	25.42
65	Martina Brady	Finn Valley	25.48
66	Kieran Flanagan	Belleek	26.12
67	Maura White	Bundoran Joggers Club	26.20
68	Jack Foley	Finn Valley	26.38
69	Therése McGowan	Bundoran Joggers Club	27.20
70	Noleen McCabe	Bundoran Joggers Club	28.37
71	Pauric Keenaghan	Ballyshannon	30.38
72	Rossa Donagher	Ballyshannon	30.38
73	Donna Keenaghan	Ballyshannon	31.14
74	Thomas McKeane	Ballyshannon	33.40