NI & Ulster Junior, Inter & Masters Cross Country Championships
Stranorlar, Saturday 30th January 2010
Women

1	261	Cathy McCourt	North Belfast	00:15:44
2	222	Julie Turley	Dromore AC	00:15:59
3	226	Catriona Mc Granaghan	Finn Valley AC	00:16:08
4	262	Louise Smith	North Belfast	00:16:12
5	275	Stephanie Hambling	North Down AC	00:16:15
6	230	Kay Byrne	Finn Valley AC	00:16:21
7	220	Geraldine Branagh	Dromore AC	00:16:27
8	263	Amanda Perry	North Belfast	00:16:38
9	259	Alwynne Shannon	Mourne Runners	00:16:45
10	276	Roberta Dornan	North Down AC	00:16:48
11	243	Rona Harkens	Lagan Valley A	00:16:50
12	219	Rachel Gibson	City of Lisburn AC	00:16:57
13	278	Jessica Craig	North Down AC	00:17:05
14	27	Christy McMonagle	City of Derry Spartans	00:17:08
15	216	Marina Campbell	City of Derry Spartans	00:17:09
16	277	Nicola Simpson	North Down AC	00:17:12
17	244	Ruth Magill	Lagan Valley A	00:17:18
18	310	Debbie Matchett	North Down AC	00:17:18
19	260	Anne Sandford	Newcastle & District AC	00:17:20
20	294	Alison Rankin	Springwell Running Club	00:17:20
21	264	Geraldine Quigley	North Belfast	00:17:26
22	292	Sara Moore	Omagh Harriers	00:17:31
23	211	Jaqueline McGinley	City of Derry Spartans	00:17:37
24	207	Bridgeen Byrne	City of Derry Spartans	00:18:10
25	293	Cheryl Cardwell	Sperrin Harriers	00:18:21
26	208	Hannah Shields	City of Derry Spartans	00:18:35
27	227	Miriam Bonner	Finn Valley AC	00:18:40
28	265	Paula Jackson	North Belfast	00:19:11
29	229	Mary Hippsley	Finn Valley AC	00:19:24
30	283	Patricia Campbell	Omagh Harriers	00:19:28
31	214	Ciara Fraser	City of Derry Spartans	00:19:38
32	201	Jim Platt	Unattached	00:19:55
33	233	Gloria Donaghey	Finn Valley AC	00:19:56
34	213	Roisin Lynch	City of Derry Spartans	00:20:25
35	291	Claire Lawn	Omagh Harriers	00:21:30