



Tir Chonaill Athletic Club
Annual Jingle Bells 5k Road Race
Donegal Town

Inviting athletes, fit4life/meet and train groups, joggers and walkers



Sunday 22nd Dec. 2013 --11am start
Individual Prizes

1st three Female and 1st three Male

Plus numerous valuable Spot Prizes

Hospitality afterwards

Registration from 9.30 a.m. at Abbey Voc. School

Pre entries to: Eamon Harvey, text 087 2797548

A.A.I. Permit Granted – accurately measured course

Proceeds to local St Vincent De Paul