

| Pos | Bib | Firstname | LastName | Club | Cat | Finish | Chiptime |
|-----|------|-----------|-------------|------------------|-----|----------|----------|
| 1 | 936 | Keith | Shields | Foyle Valley | SM | 00:32:15 | 00:32:15 |
| 2 | 991 | Scott | Rankin | Foyle valley | Sm | 00:33:11 | 00:33:11 |
| 3 | 6 | Eoghan | Mc Ginley | Cranford | SM | 00:33:31 | 00:33:31 |
| 4 | 1008 | Pauric | Mc Kinney | Inishowen A.C. | M45 | 00:33:42 | 00:33:42 |
| 5 | 731 | Gary | Crossan | Individual | M40 | 00:34:11 | 00:34:11 |
| 6 | 463 | Gerard | Gallagher | Finn Valley A.C. | SM | 00:34:26 | 00:34:26 |
| 7 | 1028 | Chris | McGuinness | Foyle Valley | SM | 00:34:44 | 00:34:44 |
| 8 | 1025 | Adiran | McGowan | Foyle Valley | SM | 00:35:01 | 00:35:00 |
| 9 | 421 | Ivan | Toner | Letterkenny A.C. | SM | 00:35:09 | 00:35:09 |
| 10 | 568 | Aidan | Callaghan | 24/7 | SM | 00:35:12 | 00:35:12 |
| 11 | 956 | Dean | Toland | Finn Valley A.C. | SM | 00:35:27 | 00:35:27 |
| 12 | 833 | Kieran | Carlin | Finn Valley A.C. | M40 | 00:35:32 | 00:35:32 |
| 13 | 560 | Gavin | Crawford | 24/7 | SM | 00:35:35 | 00:35:35 |
| 14 | 732 | Maria | McCambridge | DSD | SW | 00:35:39 | 00:35:39 |
| 15 | 445 | Kevin | Ferry | Letterkenny A.C. | M40 | 00:35:49 | 00:35:49 |
| 16 | 29 | Pauline | Sweeney | Individual | SW | 00:36:02 | 00:35:59 |
| 17 | 320 | Michael | Black | Letterkenny A.C. | SM | 00:36:24 | 00:36:24 |
| 18 | 735 | Noel | Gallagher | Individual | SM | 00:36:30 | 00:36:29 |
| 19 | 617 | Ciaran | Crawford | Letterkenny A.C. | SM | 00:37:01 | 00:36:51 |
| 20 | 464 | Shane | Mc Nulty | Finn Valley A.C. | M40 | 00:37:07 | 00:37:07 |
| 21 | 919 | Mark | Sheridan | DSD | SM | 00:37:13 | 00:37:09 |
| 22 | 786 | Sean | McShane | Individual | SM | 00:37:17 | 00:37:14 |
| 23 | 982 | Benny | Mc Daid | Inishowen A.C. | SM | 00:37:28 | 00:37:18 |
| 24 | 423 | Ciaran | Toner | Letterkenny A.C. | SM | 00:37:36 | 00:37:34 |
| 25 | 1013 | Brian | Crossan | Individual | SM | 00:37:44 | 00:37:44 |
| 26 | 759 | Aidan | McKenna | LAC | M40 | 00:37:51 | 00:37:49 |
| 27 | 1024 | Colm | McNulty | Finn Valley A.C. | M40 | 00:37:53 | 00:37:53 |
| 28 | 457 | Gerry | Mc Monagle | Letterkenny A.C. | m50 | 00:37:55 | 00:37:54 |
| 29 | 467 | Tom | Thompson | Finn Valley A.C. | m45 | 00:37:57 | 00:37:56 |
| 30 | 776 | Cian | Friel | Individual | SM | 00:38:05 | 00:38:01 |
| 31 | 48 | Adam | Speer | Individual | SM | 00:38:08 | 00:38:07 |
| 32 | 404 | Noel | Diver | Rosses | SM | 00:38:08 | 00:38:04 |
| 33 | 675 | Paddy | Mc Daid | Letterkenny A.C. | sm | 00:38:10 | 00:38:08 |
| 34 | 582 | Shaun | Stewart | Individual | SM | 00:38:11 | 00:38:07 |
| 35 | 191 | Gerard | Doherty | Inishowen A.C. | SM | 00:38:22 | 00:38:17 |
| 36 | 219 | Fionuala | Diver | Letterkenny A.C. | SW | 00:38:22 | 00:38:21 |
| 37 | 223 | PJ | Boyce | Cranford | M45 | 00:38:22 | 00:38:20 |
| 38 | 424 | Marcus | Mc Clintock | Letterkenny A.C. | M40 | 00:38:31 | 00:38:30 |
| 39 | 13 | Hugh | Coll | Individual | SM | 00:38:32 | 00:38:32 |
| 40 | 702 | Pat | Hegarty | Finn Valley A.C. | m50 | 00:38:32 | 00:38:32 |
| 41 | 8 | Aidrain | Toye | Individual | SM | 00:38:36 | 00:38:35 |
| 42 | 49 | Raymond | Birch | Letterkenny A.C. | SM | 00:38:38 | 00:38:38 |
| 43 | 90 | Niall | Barry | Individual | SM | 00:38:40 | 00:38:38 |
| 44 | 728 | Ronan | Walsh | Raheney Shamrock | M40 | 00:38:44 | 00:38:42 |
| 45 | 848 | Sean | mc Daid | Individual | | 00:38:46 | 00:38:44 |
| 46 | 691 | Joe | English | Letterkenny A.C. | m50 | 00:39:03 | 00:38:59 |
| 47 | 327 | Niall | Mc Gee | Inishowen A.C. | SM | 00:39:11 | 00:39:06 |
| 48 | 647 | Ciaran | O' Leary | Individual | sm | 00:39:16 | 00:39:11 |
| 49 | 840 | Malcom | Mc Gee | Inishowen A.C. | | 00:39:18 | 00:39:13 |
| 50 | 736 | Ciaran | McGonagle | Individual | SM | 00:39:24 | 00:39:23 |
| 51 | 913 | Lyod | Hannigan | North Down AC | SM | 00:39:27 | 00:39:16 |
| 52 | 995 | Eamonn | ODonnell | Rosses AC | SM | 00:39:27 | 00:39:23 |
| 53 | 548 | John | Conlon | Letterkenny A.C. | SM | 00:39:31 | 00:39:30 |

| | | | | | | | |
|-----|------|---------|-------------|------------------|-----|----------|----------|
| 54 | 484 | Brendan | Irwin | Finn Valley A.C. | sm | 00:39:36 | 00:39:34 |
| 55 | 357 | Liam | Doherty | Cranford | SM | 00:39:40 | 00:39:36 |
| 56 | 1030 | Kevin | McGee | Individual | M40 | 00:39:42 | 00:39:25 |
| 57 | 1085 | Stephen | Gibson | Letterkenny A.C. | SM | 00:39:44 | 00:39:44 |
| 58 | 613 | Joe | Gallagher | Individual | SM | 00:39:49 | 00:39:46 |
| 59 | 769 | Dwayne | Robb | Inishowen A.C. | SM | 00:39:49 | 00:39:43 |
| 60 | 1036 | Michael | Gallagher | Finn Valley A.C. | M40 | 00:39:50 | 00:39:41 |
| 61 | 687 | Kenny | O' Donnell | Finn Valley A.C. | M40 | 00:39:53 | 00:39:53 |
| 62 | 532 | Padraig | Friel | Letterkenny A.C. | sm | 00:39:55 | 00:39:53 |
| 63 | 559 | Paul | Murray | Finn Valley A.C. | SM | 00:39:55 | 00:39:49 |
| 64 | 903 | Richard | McCarthy | Tirconail | M50 | 00:40:02 | 00:40:00 |
| 65 | 190 | Shane | Doherty | Inishowen A.C. | SM | 00:40:04 | 00:40:00 |
| 66 | 901 | Billy | Orr | Foyle Valley | M50 | 00:40:04 | 00:40:00 |
| 67 | 213 | John | O Doherty | Individual | SM | 00:40:05 | 00:39:57 |
| 68 | 221 | Anthony | Sweeney | Letterkenny A.C. | SM | 00:40:07 | 00:40:03 |
| 69 | 148 | Martin | Christian | Individual | SM | 00:40:08 | 00:40:03 |
| 70 | 139 | Gareth | Kerrigan | Individual | SM | 00:40:11 | 00:40:07 |
| 71 | 679 | Stephen | Moyles | Individual | sm | 00:40:13 | 00:40:07 |
| 72 | 386 | Barry | Coyle | Individual | SM | 00:40:15 | 00:39:43 |
| 73 | 1092 | Dermot | McElchar | Individual | SM | 00:40:16 | 00:40:12 |
| 74 | 132 | Michael | Kelly | Individual | SM | 00:40:17 | 00:40:16 |
| 75 | 120 | Keiron | Coyle | Individual | SM | 00:40:23 | 00:40:19 |
| 76 | 98 | Paul | Mc Monagle | Letterkenny A.C. | SM | 00:40:25 | 00:40:23 |
| 77 | 412 | Kevin | Wallace | Individual | SM | 00:40:25 | 00:39:57 |
| 78 | 187 | Ciaran | O Donnell | Letterkenny A.C. | M40 | 00:40:28 | 00:40:25 |
| 79 | 228 | Sean | Mc Daid | Inishowen A.C. | M40 | 00:40:39 | 00:40:27 |
| 80 | 774 | Manus | McHugh | Dungloe ABC | SM | 00:40:43 | 00:40:34 |
| 81 | 429 | Jason | King | Letterkenny A.C. | SM | 00:40:44 | 00:40:34 |
| 82 | 585 | Michael | Burke | Individual | SM | 00:40:45 | 00:40:41 |
| 83 | 626 | Paul | Dillion | Individual | SM | 00:40:47 | 00:40:45 |
| 84 | 823 | Edward | Harkin | Rosses AC | SM | 00:40:50 | 00:40:44 |
| 85 | 451 | Mark | Daly | Individual | m40 | 00:40:52 | 00:40:37 |
| 86 | 932 | Gerard | Devine | Individual | SM | 00:40:55 | 00:40:52 |
| 87 | 99 | Darren | Wallace | Finn Valley A.C. | SM | 00:41:03 | 00:40:58 |
| 88 | 789 | Dale | Gallagher | Letterkenny A.C. | SM | 00:41:11 | 00:41:06 |
| 89 | 131 | Kieran | Mc Monagle | Individual | SM | 00:41:14 | 00:41:09 |
| 90 | 318 | Paddy | Ward | Letterkenny A.C. | m50 | 00:41:24 | 00:41:22 |
| 91 | 515 | Brendan | Mc Dyre | Individual | SM | 00:41:25 | 00:41:20 |
| 92 | 565 | Joseph | Quill | Individual | SM | 00:41:26 | 00:40:59 |
| 93 | 703 | Joe | Hegarty | Finn Valley A.C. | M45 | 00:41:28 | 00:41:23 |
| 94 | 54 | Shaun | Crossan | Kickboxing L K | SM | 00:41:32 | 00:41:25 |
| 95 | 1121 | Thomas | McDonagh | Individual | SM | 00:41:34 | 00:41:19 |
| 96 | 334 | Brian | Doherty | Milford A.C. | SM | 00:41:36 | 00:41:31 |
| 97 | 42 | Stewart | Magee | Individual | SM | 00:41:38 | 00:41:30 |
| 98 | 988 | Martin | Mc Glynn | Individual | SM | 00:41:39 | 00:41:28 |
| 99 | 345 | Noreen | Porter | Finn Valley A.C. | W40 | 00:41:41 | 00:41:39 |
| 100 | 446 | John | Fox | Individual | SM | 00:41:43 | 00:41:33 |
| 101 | 1094 | Paul | McLaughlin | Sperrin Harriers | M45 | 00:41:46 | 00:41:41 |
| 102 | 306 | Raymond | Mc Gahey | Individual | m45 | 00:41:47 | 00:41:40 |
| 103 | 365 | Martin | Mc Guinness | Individual | SM | 00:41:47 | 00:41:23 |
| 104 | 37 | Paul | Cosgrove | Letterkenny A.C. | M45 | 00:41:48 | 00:41:45 |
| 105 | 55 | Darren | Price | Individual | SM | 00:41:51 | 00:41:45 |
| 106 | 927 | Kim | McLaughlin | Inishowen A.C. | SW | 00:41:51 | 00:41:41 |
| 107 | 137 | Malachy | Dunleavy | Individual | SM | 00:42:00 | 00:41:55 |

| | | | | | | |
|-----|-----------------|-------------|------------------|-----|----------|----------|
| 108 | 458 Kevin | Mc Meniman | Individual | sm | 00:42:04 | 00:41:43 |
| 109 | 981 Hugh | Duffy | Cranford AC | SM | 00:42:11 | 00:42:08 |
| 110 | 1019 Pat | Gallagher | Individual | M50 | 00:42:12 | 00:41:59 |
| 111 | 798 Ardal | McDermott | Individual | SM | 00:42:13 | 00:42:08 |
| 112 | 146 Adrian | Callaghan | Letterkenny A.C. | M40 | 00:42:17 | 00:42:15 |
| 113 | 121 Martin | Kelly | Individual | SM | 00:42:20 | 00:42:19 |
| 114 | 660 Seamus | Morrison | Letterkenny A.C. | m40 | 00:42:20 | 00:42:18 |
| 115 | 258 Frances | Judge | Letterkenny A.C. | w45 | 00:42:22 | 00:42:20 |
| 116 | 20 Damien | Mc Bride | Milford A.C. | SM | 00:42:24 | 00:42:18 |
| 117 | 301 Michael | Mc Hugh | Milford A.C. | SM | 00:42:25 | 00:42:18 |
| 118 | 368 Joe | Henderson | Individual | m50 | 00:42:26 | 00:42:23 |
| 119 | 658 Teresa | Doherty | Inishowen A.C. | SW | 00:42:26 | 00:42:15 |
| 120 | 803 Curly | Coyle | Individual | SM | 00:42:26 | 00:42:19 |
| 121 | 205 Gerard | Mullen | Letterkenny A.C. | M40 | 00:42:32 | 00:42:29 |
| 122 | 610 David | Chaney | Finn Valley A.C. | m40 | 00:42:38 | 00:42:28 |
| 123 | 405 Thomas | Mc Bride | Individual | SM | 00:42:39 | 00:42:38 |
| 124 | 416 Drew | Doherty | Finn Valley A.C. | m50 | 00:42:42 | 00:42:35 |
| 125 | 275 Philip | Callaghan | Individual | M40 | 00:42:44 | 00:42:29 |
| 126 | 1001 Evelyn | Mc Ginley | Inishowen A.C. | SW | 00:42:44 | 00:42:35 |
| 127 | 669 Collie | O' Donnell | Letterkenny A.C. | m40 | 00:42:55 | 00:42:52 |
| 128 | 254 Eugene | Gallen | Individual | M40 | 00:42:56 | 00:42:43 |
| 129 | 259 Stephen | Burns | Individual | SM | 00:42:57 | 00:42:54 |
| 130 | 514 Colin | Mooney | Individual | SM | 00:42:57 | 00:42:47 |
| 131 | 276 Boyd | Robinson | Individual | SM | 00:42:59 | 00:42:57 |
| 132 | 966 Martin | Doherty | Individual | M40 | 00:43:01 | 00:42:41 |
| 133 | 469 Catherine | Doher | Finn Valley A.C. | SW | 00:43:03 | 00:43:01 |
| 134 | 656 Damien | Mc Goohan | 24/7 | SM | 00:43:07 | 00:43:06 |
| 135 | 643 James | Gibbons | Milford A.C. | m50 | 00:43:13 | 00:43:07 |
| 136 | 1015 Francis | Cunningham | Individual | SM | 00:43:14 | 00:42:42 |
| 137 | 1126 Gordon | Thompson | Individual | SM | 00:43:16 | 00:42:45 |
| 138 | 198 Michael | Madden | Individual | SM | 00:43:17 | 00:43:14 |
| 139 | 1007 David | Gordon | Individual | SM | 00:43:17 | 00:42:50 |
| 140 | 245 Eugene | Mc Gettigan | Letterkenny A.C. | SM | 00:43:20 | 00:43:12 |
| 141 | 799 Martin | McGinley | Individual | M40 | 00:43:23 | 00:43:00 |
| 142 | 1102 Anthony | Doherty | Individual | SM | 00:43:23 | 00:43:20 |
| 143 | 1109 Brian | Bradley | Individual | M45 | 00:43:26 | 00:43:12 |
| 144 | 366 Kevin | Boyle | Individual | SM | 00:43:28 | 00:43:04 |
| 145 | 422 Kevin | Toner | Letterkenny A.C. | m50 | 00:43:29 | 00:43:27 |
| 146 | 1009 Richard | gordon | Individual | SM | 00:43:32 | 00:43:06 |
| 147 | 280 Tony | Gallagher | Finn Valley A.C. | m45 | 00:43:33 | 00:43:30 |
| 148 | 1137 Joe | Carlin | Finn Valley A.C. | M45 | 00:43:33 | 00:43:18 |
| 149 | 979 Sarah Marie | Doherty | Inis | SW | 00:43:36 | 00:43:28 |
| 150 | 857 paul | Strain | Foyle valley | M50 | 00:43:41 | 00:43:34 |
| 151 | 397 Paul | Mc Gettigan | Milford A.C. | SM | 00:43:42 | 00:43:35 |
| 152 | 632 Phil | Boyle | Letterkenny A.C. | M40 | 00:43:42 | 00:43:36 |
| 153 | 797 Ben | George | LAC | SM | 00:43:42 | 00:43:37 |
| 154 | 866 | | | | 00:43:44 | 00:43:31 |
| 155 | 1086 Sean | O'Leary | Finn Valley A.C. | M50 | 00:43:46 | 00:43:40 |
| 156 | 50 Richard | Raymond | Letterkenny A.C. | M50 | 00:43:48 | 00:43:44 |
| 157 | 248 Paul | Lee | Letterkenny A.C. | m45 | 00:43:52 | 00:43:43 |
| 158 | 379 Michael | Mc Ginty | Individual | m45 | 00:43:53 | 00:43:47 |
| 159 | 79 Noel | Mc Garvey | Individual | SM | 00:43:55 | 00:43:30 |
| 160 | 807 Donal | Mulholland | Individual | SM | 00:43:56 | 00:43:22 |
| 161 | 816 Joanne | Doran | Foyle valley | SW | 00:43:56 | 00:43:53 |

| | | | | | | |
|-----|---------------|-------------|------------------|-----|----------|----------|
| 162 | 80 Paul | Mc Ginely | Individual | SM | 00:43:58 | 00:43:30 |
| 163 | 1031 Donal | Clancey | Individual | SM | 00:44:01 | 00:43:53 |
| 164 | 1105 Darren | Mangan | Individual | SM | 00:44:01 | 00:43:40 |
| 165 | 163 Noreen | Bonner | Finn Valley A.C. | W50 | 00:44:09 | 00:44:05 |
| 166 | 676 Paul | Harris | Letterkenny A.C. | m40 | 00:44:15 | 00:44:11 |
| 167 | 507 Charlie | O' Donnell | Letterkenny A.C. | SM | 00:44:16 | 00:44:10 |
| 168 | 540 Stephen | Toner | Newport A.C. | SM | 00:44:16 | 00:43:58 |
| 169 | 724 Ronan | O'Driscoll | Individual | SM | 00:44:16 | 00:43:51 |
| 170 | 1127 Sean | McGee | Individual | SM | 00:44:17 | 00:44:16 |
| 171 | 865 Emer | magee | Individual | W50 | 00:44:18 | 00:44:03 |
| 172 | 910 Adrian | McAlary | Individual | M40 | 00:44:20 | 00:44:02 |
| 173 | 990 Catherine | O'Neill | Individual | SW | 00:44:21 | 00:44:12 |
| 174 | 721 Seamus | Nallen | Individual | SM | 00:44:23 | 00:44:10 |
| 175 | 666 Paul | Friel | Milford A.C. | m45 | 00:44:24 | 00:44:11 |
| 176 | 674 Terry | Mc Cauley | Individual | sm | 00:44:27 | 00:44:24 |
| 177 | 986 Ross | Wherity | Individual | SM | 00:44:27 | 00:44:07 |
| 178 | 188 Ben | Dunleavy | Letterkenny A.C. | SM | 00:44:28 | 00:44:21 |
| 179 | 772 Chris | Taylor | Individual | M50 | 00:44:30 | 00:44:10 |
| 180 | 1095 Darren | Ashmore | Individual | SM | 00:44:33 | 00:44:22 |
| 181 | 142 Marie | Boyle | Letterkenny A.C. | SW | 00:44:35 | 00:44:29 |
| 182 | 273 Colm | Murray | Individual | SM | 00:44:35 | 00:44:09 |
| 183 | 961 Sean | Doherty | Individual | SM | 00:44:35 | 00:44:11 |
| 184 | 1100 Ian | McQuaid | Individual | M40 | 00:44:35 | 00:44:15 |
| 185 | 183 Patrick | Mc Gee | Individual | SM | 00:44:37 | 00:44:25 |
| 186 | 483 Seamus | Curran | Finn Valley A.C. | m50 | 00:44:39 | 00:44:35 |
| 187 | 182 Patrick | Brennan | Individual | SM | 00:44:40 | 00:44:28 |
| 188 | 485 Mark | Canning | Individual | SM | 00:44:41 | 00:44:14 |
| 189 | 498 John | Mc Gettigan | Individual | SM | 00:44:42 | 00:44:39 |
| 190 | 207 PJ | Friel | Individual | M45 | 00:44:46 | 00:44:36 |
| 191 | 950 Helen | Kennedy | Individual | W45 | 00:44:47 | 00:44:35 |
| 192 | 1155 Kevin | Roarty | Betpark | SM | 00:44:47 | 00:44:27 |
| 193 | 263 Gerald | Dorrian | Individual | m45 | 00:44:55 | 00:44:41 |
| 194 | 934 Gavin | Meenan | Individual | SM | 00:44:58 | 00:44:42 |
| 195 | 186 Roy | Hunter | Individual | M50 | 00:44:59 | 00:44:40 |
| 196 | 596 Peter | Devine | Individual | SM | 00:45:00 | 00:44:27 |
| 197 | 253 Glen | Coyle | Letterkenny A.C. | SM | 00:45:03 | 00:44:55 |
| 198 | 150 William | Feeney | Individual | M40 | 00:45:06 | 00:44:59 |
| 199 | 428 Adrian | Mc Hugh | Individual | SM | 00:45:09 | 00:44:38 |
| 200 | 760 Pdraig | Doherty | Individual | SM | 00:45:13 | 00:44:54 |
| 201 | 562 Paul | Catterson | Individual | SM | 00:45:15 | 00:44:17 |
| 202 | 5 Jane | Mc Ginley | Letterkenny A.C. | SW | 00:45:16 | 00:45:10 |
| 203 | 1045 Eunan | Mc Intyre | Individual | M45 | 00:45:16 | 00:44:16 |
| 204 | 260 Gerald | Crawford | Lifford A.C. | W45 | 00:45:18 | 00:45:15 |
| 205 | 164 Miriam | Bonner | Finn Valley A.C. | w40 | 00:45:19 | 00:45:12 |
| 206 | 820 Thomas | Farren | Individual | M40 | 00:45:20 | 00:45:01 |
| 207 | 911 Brendan | Goywarts | Individual | SM | 00:45:20 | 00:45:12 |
| 208 | 595 Shaun | Mc Veigh | Individual | sm | 00:45:21 | 00:44:49 |
| 209 | 924 Connor | Gibbons | St Eunan's GAA | SM | 00:45:21 | 00:44:49 |
| 210 | 251 Charlie | Sweeney | Letterkenny A.C. | SM | 00:45:22 | 00:45:17 |
| 211 | 614 Michael | Murphy | Individual | SM | 00:45:23 | 00:45:10 |
| 212 | 574 Gavin | Toner | Individual | SM | 00:45:28 | 00:45:21 |
| 213 | 634 Shiela | Doherty | Inishowen A.C. | SW | 00:45:28 | 00:45:14 |
| 214 | 766 Niall | Gildea | Individual | SM | 00:45:32 | 00:45:20 |
| 215 | 863 Patrick | Gallagher | Individual | JM | 00:45:35 | 00:45:10 |

| | | | | | | |
|-----|----------------|-------------|---------------------|-----|----------|----------|
| 216 | 308 Phelim | Lynch | Individual | SM | 00:45:39 | 00:45:22 |
| 217 | 520 Aidian | Maguire | Individual | SM | 00:45:40 | 00:45:05 |
| 218 | 522 Michael | Tinney | Individual | m50 | 00:45:42 | 00:45:25 |
| 219 | 1021 Linda | Ward | Tirconaill | W45 | 00:45:42 | 00:45:29 |
| 220 | 997 Elizabeth | McDaid | Inishowen A.C. | SW | 00:45:44 | 00:45:35 |
| 221 | 38 Sharon | Black | Letterkenny A.C. | SW | 00:45:45 | 00:45:37 |
| 222 | 662 Patrick | Penrose | Finn Valley A.C. | sm | 00:45:46 | 00:45:28 |
| 223 | 184 Paul | Gildea | Individual | SM | 00:45:49 | 00:45:30 |
| 224 | 683 Sean | Toner | Individual | SM | 00:45:51 | 00:45:40 |
| 225 | 985 Paul | mc Gee | Rosses AC | Sm | 00:45:51 | 00:45:44 |
| 226 | 1150 Paul | McDaid | Individual | SM | 00:45:51 | 00:45:06 |
| 227 | 165 Rodney | Irwin | Individual | SM | 00:45:52 | 00:45:46 |
| 228 | 75 Mark | Mc Cafferty | Finn Valley A.C. | SM | 00:45:53 | 00:45:39 |
| 229 | 202 Ita | Gallagher | Rosses | w40 | 00:45:54 | 00:45:50 |
| 230 | 126 Kevin | Gallagher | Individual | SM | 00:45:57 | 00:45:47 |
| 231 | 185 Declan | Mc Elwaine | Individual | SM | 00:45:59 | 00:45:43 |
| 232 | 673 Eunan | Friel | DSD | M45 | 00:45:59 | 00:45:45 |
| 233 | 920 Barry | Mackey | Individual | M50 | 00:46:00 | 00:45:34 |
| 234 | 100 Gabriel | O'Leary | Individual | SM | 00:46:04 | 00:45:58 |
| 235 | 461 Brendan | O' Donnell | Finn Valley A.C. | M45 | 00:46:06 | 00:45:56 |
| 236 | 534 Ronan | Brophy | Letterkenny A.C. | m50 | 00:46:06 | 00:45:52 |
| 237 | 524 Mervyn | Mc Donnell | Pulse Triathlon | SM | 00:46:07 | 00:45:53 |
| 238 | 1026 Philomena | Gallagher | Tirconaill | W40 | 00:46:08 | 00:45:55 |
| 239 | 757 John | Mc Fadden | Individual | SM | 00:46:10 | 00:45:49 |
| 240 | 935 Aron | Cole | Individual | M40 | 00:46:11 | 00:45:52 |
| 241 | 1051 Paddy | Solan | Traigheanach | SM | 00:46:11 | 00:45:58 |
| 242 | 727 Patrick | Sharkey | Individual | SM | 00:46:14 | 00:45:55 |
| 243 | 12 Christopher | Mc Ginley | Individual | SM | 00:46:17 | 00:45:49 |
| 244 | 915 Caroline | | Bruckless Road Runn | W40 | 00:46:17 | 00:46:09 |
| 245 | 1006 Sharon | Mc Gowan | Tirchonaill Ac | W45 | 00:46:17 | 00:46:05 |
| 246 | 567 Aoife | Murray | Individual | SW | 00:46:21 | 00:46:15 |
| 247 | 476 Niall | Mulrine | Individual | SM | 00:46:28 | 00:46:19 |
| 248 | 538 Kevin | Grennan | Individual | m50 | 00:46:29 | 00:46:18 |
| 249 | 217 Deirdre | Diver | Rosses | SW | 00:46:30 | 00:46:28 |
| 250 | 373 Glen | Hamilton | Individual | SM | 00:46:31 | 00:45:59 |
| 251 | 976 Trevor | Cox | Individual | SM | 00:46:33 | 00:46:13 |
| 252 | 9 Dessie | Gibson | Individual | m50 | 00:46:34 | 00:46:14 |
| 253 | 462 Mary | Hippsey | Finn Valley A.C. | w45 | 00:46:35 | 00:46:28 |
| 254 | 672 Catherine | Gibbons | Individual | sw | 00:46:36 | 00:46:23 |
| 255 | 1116 Donagh | O'Sullivan | 24/7 Triathlon | M40 | 00:46:36 | 00:45:34 |
| 256 | 331 Joe | Friel | Individual | SM | 00:46:38 | 00:46:32 |
| 257 | 270 Terence | Diver | Individual | M40 | 00:46:40 | 00:46:22 |
| 258 | 960 Seamus | Ferry | Milford A.C. | M40 | 00:46:40 | 00:46:21 |
| 259 | 873 | | | | 00:46:42 | 00:46:11 |
| 260 | 1018 Ben | McGonagle | Individual | SM | 00:46:42 | 00:46:08 |
| 261 | 411 Caroline | Villamajna | Individual | w40 | 00:46:43 | 00:46:39 |
| 262 | 193 Martin | Bond | Individual | SM | 00:46:45 | 00:46:28 |
| 263 | 1014 Shaun | Crossan | Individual | M40 | 00:46:47 | 00:46:01 |
| 264 | 468 Margaret | Reid | Finn Valley A.C. | w40 | 00:46:48 | 00:46:36 |
| 265 | 590 Ollie | Harvey | Individual | SM | 00:46:48 | 00:46:33 |
| 266 | 586 Colm | Cleary | Individual | SM | 00:46:49 | 00:46:31 |
| 267 | 480 John | Scanlon | Individual | SM | 00:46:51 | 00:46:36 |
| 268 | 594 Noelle | Gallagher | Individual | sm | 00:46:56 | 00:46:33 |
| 269 | 151 Joseph | Casey | Individual | M40 | 00:46:57 | 00:46:32 |

| | | | | | | |
|-----|----------------|---------------|----------------------|-----|----------|----------|
| 270 | 972 Aidrian | McGonagle | Tirconaill | M40 | 00:47:01 | 00:46:25 |
| 271 | 692 Martin | Keane | 3D Tri | SM | 00:47:04 | 00:46:56 |
| 272 | 734 Raymond | Mc Bride | Individual | SM | 00:47:04 | 00:46:20 |
| 273 | 860 marie | Gallagher | Galway City Harries | Sw | 00:47:06 | 00:46:42 |
| 274 | 633 Naoise | Enright | Letterkenny A.C. | SM | 00:47:10 | 00:46:54 |
| 275 | 117 Adrian | Gill | Individual | SM | 00:47:11 | 00:46:46 |
| 276 | 51 Stephen | Cunningham | Individual | SM | 00:47:14 | 00:46:42 |
| 277 | 999 Mark | Nolan | Inishowen A.C. | SM | 00:47:15 | 00:46:49 |
| 278 | 1016 Pauric | McTiern | Bruckless Running Cl | SM | 00:47:15 | 00:46:52 |
| 279 | 836 Tracey | harley | Inishowen A.C. | W45 | 00:47:19 | 00:47:06 |
| 280 | 846 Michael | mc Elroy | Rosses AC | | 00:47:20 | 00:47:14 |
| 281 | 861 Manus | Mc Bride | Individual | M45 | 00:47:23 | 00:46:27 |
| 282 | 406 Raymond | Mc Groy | Milford A.C. | SM | 00:47:28 | 00:47:23 |
| 283 | 41 Martin | O'Donnell | Individual | SM | 00:47:32 | 00:46:58 |
| 284 | 1146 JJ | Curran | Individual | M50 | 00:47:33 | 00:47:05 |
| 285 | 495 Michael | Heraghty | Individual | SM | 00:47:34 | 00:47:09 |
| 286 | 812 Sean | Cassidy | Individual | Sm | 00:47:36 | 00:46:51 |
| 287 | 1135 John A | McMullan | Individual | SM | 00:47:37 | 00:47:11 |
| 288 | 980 Seamus | McDaid | LAC | M40 | 00:47:39 | 00:47:20 |
| 289 | 471 Marie | Harper | Finn Valley A.C. | SW | 00:47:40 | 00:47:28 |
| 290 | 570 Nmichael | Gallagher | Individual | M40 | 00:47:40 | 00:47:21 |
| 291 | 928 Michael | McMenamin | Finn Valley A.C. | M45 | 00:47:40 | 00:47:31 |
| 292 | 155 Paul | Russell | Individual | SM | 00:47:43 | 00:47:18 |
| 293 | 552 James | Mc Bride | Individual | m50 | 00:47:44 | 00:47:22 |
| 294 | 509 Mary | Kelly | Individual | W40 | 00:47:45 | 00:47:29 |
| 295 | 444 Peter | Mayne | Individual | SM | 00:47:46 | 00:47:06 |
| 296 | 746 Damian | Daly | Individual | SM | 00:47:47 | 00:47:31 |
| 297 | 34 Catherine | Mc Kinley | Individual | SW | 00:47:49 | 00:47:29 |
| 298 | 519 Cathal | Morrisan | Individual | M40 | 00:47:50 | 00:46:52 |
| 299 | 804 Joe | Coyle | Individual | SM | 00:47:50 | 00:47:32 |
| 300 | 1039 Stephanie | Walls | Individual | M50 | 00:47:50 | 00:47:47 |
| 301 | 113 Lorraine | Mc Daid | Individual | SW | 00:47:51 | 00:47:40 |
| 302 | 773 Matcho | Crossan | Individual | SM | 00:47:51 | 00:47:02 |
| 303 | 1038 Gerard | McGettigan | Milford | M50 | 00:47:51 | 00:47:48 |
| 304 | 201 Helene | Mc Cready | Rosses | SW | 00:47:52 | 00:47:48 |
| 305 | 130 Adrian | Harkin | Individual | SM | 00:47:53 | 00:47:03 |
| 306 | 671 Shane | Keaveney | Individual | SM | 00:47:53 | 00:47:45 |
| 307 | 970 Seamie | Sweeney | Individual | SM | 00:47:55 | 00:47:47 |
| 308 | 442 Michael | Gillespie | Individual | SM | 00:47:56 | 00:47:20 |
| 309 | 751 Conor | Mc Goohan | Individual | SM | 00:47:56 | 00:47:27 |
| 310 | 583 Darren | Beecroft | Letterkenny A.C. | m45 | 00:47:57 | 00:47:52 |
| 311 | 35 Emma | Mc Gee | Individual | SW | 00:47:58 | 00:47:39 |
| 312 | 337 James | Doherty | Individual | m50 | 00:47:58 | 00:47:52 |
| 313 | 1054 Anthony | Farren | Letterkenny A.C. | M45 | 00:47:58 | 00:47:14 |
| 314 | 171 Patrick | Mc Dermott | Individual | SM | 00:47:59 | 00:47:51 |
| 315 | 726 Karl | Crossan | Individual | SM | 00:47:59 | 00:47:31 |
| 316 | 470 Martina | Anderson | Finn Valley A.C. | m45 | 00:48:02 | 00:47:52 |
| 317 | 473 Bernie | Cunningham | Individual | sw | 00:48:02 | 00:47:34 |
| 318 | 339 Collette | Mc Elwaine | Individual | SW | 00:48:04 | 00:47:38 |
| 319 | 844 martin | mc Shane | Individual | M40 | 00:48:07 | 00:47:55 |
| 320 | 45 Paul | Mc Ateer | Individual | SM | 00:48:10 | 00:47:07 |
| 321 | 135 Tony | Bonar | | M45 | 00:48:12 | 00:47:33 |
| 322 | 832 Glen | MC Gee | Individual | SM | 00:48:14 | 00:48:07 |
| 323 | 944 Trina | Mhic Dhonaill | Inishowen A.C. | w40 | 00:48:16 | 00:48:06 |

| | | | | | | |
|-----|---------------|--------------|------------------|-----|----------|----------|
| 324 | 44 Sharon | Mc Ateer | Individual | SW | 00:48:17 | 00:47:12 |
| 325 | 775 Ray | Smyth | Individual | SM | 00:48:23 | 00:47:34 |
| 326 | 830 Leoni | Cooke | Lifford A.C. | SW | 00:48:24 | 00:48:02 |
| 327 | 1151 Kelvin | Bomah | Lyt | SM | 00:48:24 | 00:48:17 |
| 328 | 159 Paddy | Gildea | Individual | SM | 00:48:25 | 00:47:52 |
| 329 | 313 Conor | Coll | Individual | SM | 00:48:26 | 00:48:09 |
| 330 | 1091 Mags | Ferry | Individual | SW | 00:48:26 | 00:48:08 |
| 331 | 862 Rudi | feenstra | Individual | SM | 00:48:28 | 00:47:25 |
| 332 | 1152 Domnic | Gildae | Individual | SM | 00:48:29 | 00:47:51 |
| 333 | 1093 Margo | Gallinagh | Individual | SW | 00:48:30 | 00:47:39 |
| 334 | 623 Danny | Higgins | Individual | M40 | 00:48:31 | 00:48:11 |
| 335 | 53 Dermott | Gallagher | Individual | SM | 00:48:32 | 00:47:57 |
| 336 | 541 Charlie | Gildea | Individual | SM | 00:48:32 | 00:48:00 |
| 337 | 967 Paul | Regan | Individual | SM | 00:48:33 | 00:47:18 |
| 338 | 114 Amanda | Mc Fadden | Individual | SW | 00:48:35 | 00:48:24 |
| 339 | 876 | | | | 00:48:35 | 00:48:11 |
| 340 | 350 Chris | Carr | Individual | SM | 00:48:37 | 00:48:05 |
| 341 | 387 Paul | Collum | Individual | SM | 00:48:38 | 00:48:16 |
| 342 | 466 Gloria | Donaghey | Finn Valley A.C. | W50 | 00:48:38 | 00:48:28 |
| 343 | 84 Noel | Mc Cormick | Individual | SM | 00:48:39 | 00:48:31 |
| 344 | 847 Catherine | hughes | Individual | SW | 00:48:41 | 00:48:33 |
| 345 | 16 Mark | Mc Gowan | Individual | SM | 00:48:42 | 00:47:59 |
| 346 | 200 Comor | Mc Garry | Individual | SM | 00:48:42 | 00:48:15 |
| 347 | 322 Denise | Muldoon | Individual | w45 | 00:48:42 | 00:48:18 |
| 348 | 261 Danny | Burns | Individual | m50 | 00:48:47 | 00:48:28 |
| 349 | 618 Ciaran | Mc Hugh | Individual | SM | 00:48:48 | 00:48:05 |
| 350 | 825 Paul | O'Kane | Individual | Sm | 00:48:51 | 00:47:26 |
| 351 | 839 Ruth | doherty | Inishowen A.C. | SW | 00:48:58 | 00:48:47 |
| 352 | 612 Sean | Black | Individual | SM | 00:49:00 | 00:48:13 |
| 353 | 1032 Martin | McFadden | Individual | M40 | 00:49:01 | 00:48:25 |
| 354 | 372 Derek | Brennan | Finn Valley A.C. | SM | 00:49:02 | 00:48:27 |
| 355 | 539 David | Tennyson | Individual | sm | 00:49:02 | 00:48:19 |
| 356 | 700 Gerard | O' Donnell | Individual | sm | 00:49:02 | 00:48:48 |
| 357 | 821 Kieran | Shiels | Individual | SM | 00:49:02 | 00:48:15 |
| 358 | 302 Sammy | Johnston | Individual | M40 | 00:49:03 | 00:48:41 |
| 359 | 742 Noel | Lynch | LAC | M45 | 00:49:03 | 00:48:50 |
| 360 | 477 Mark | Donaghey | Lifford A.C. | SM | 00:49:04 | 00:48:34 |
| 361 | 684 Paul | O' Donnell | Individual | SM | 00:49:07 | 00:48:53 |
| 362 | 593 Jacinta | Furey | Individual | sw | 00:49:08 | 00:48:47 |
| 363 | 455 Gavin | Mc Brearty | Individual | sw | 00:49:09 | 00:48:24 |
| 364 | 1053 Dara | Dunne | Individual | W45 | 00:49:09 | 00:48:25 |
| 365 | 381 Karen | Higgins | Individual | SW | 00:49:11 | 00:48:43 |
| 366 | 987 Laura | Elliot | Individual | SW | 00:49:11 | 00:48:51 |
| 367 | 1103 Clare | Mullin | Individual | SW | 00:49:14 | 00:48:47 |
| 368 | 1110 Stephen | McPhilemy | Individual | M50 | 00:49:15 | 00:48:14 |
| 369 | 360 Vera | Haughey | Tír Chonail | w50 | 00:49:19 | 00:49:07 |
| 370 | 542 Camilla | Mc Granaghan | Individual | SW | 00:49:21 | 00:49:05 |
| 371 | 95 David | Harvey | Individual | SM | 00:49:23 | 00:48:54 |
| 372 | 204 Marian | Kerr | Letterkenny A.C. | SW | 00:49:25 | 00:49:14 |
| 373 | 701 Neil | Barret | Individual | sm | 00:49:32 | 00:49:00 |
| 374 | 220 Adrian | Mc Garvey | Individual | SM | 00:49:33 | 00:49:17 |
| 375 | 420 James | Whoriskey | Individual | SM | 00:49:37 | 00:49:11 |
| 376 | 369 Edward | Gallagher | Individual | m45 | 00:49:38 | 00:48:45 |
| 377 | 630 Barry | Mc Laughlin | Individual | M40 | 00:49:39 | 00:48:17 |

| | | | | | | |
|-----|-----------------|------------|------------------|-----|----------|----------|
| 378 | 145 Anne | Harkin | Rosses | SW | 00:49:40 | 00:49:35 |
| 379 | 417 Eric | Pierce | Individual | m50 | 00:49:41 | 00:49:08 |
| 380 | 364 Paul | Doherty | Individual | SM | 00:49:44 | 00:48:41 |
| 381 | 640 Joe | Mc Glynn | Finn Valley A.C. | SM | 00:49:45 | 00:49:39 |
| 382 | 965 Edwina | Sweeney | Individual | SW | 00:49:45 | 00:49:27 |
| 383 | 31 Tommy | Archbald | Mullingar Hrs | M50 | 00:49:48 | 00:48:45 |
| 384 | 922 John | Boyle | Individual | SM | 00:49:51 | 00:49:26 |
| 385 | 178 Lester | Speer | Individual | M45 | 00:49:52 | 00:49:42 |
| 386 | 292 Seamus | Kelly | Individual | M40 | 00:49:52 | 00:49:18 |
| 387 | 752 Shane | Moore | Individual | SM | 00:49:53 | 00:49:24 |
| 388 | 723 Margaret | Shiels | Letterkenny A.C. | W40 | 00:49:54 | 00:49:48 |
| 389 | 1140 Victoria | Edwards | Individual | Sw | 00:49:54 | 00:49:39 |
| 390 | 661 Lynn | Crawford | Individual | SW | 00:49:55 | 00:49:29 |
| 391 | 144 Michael | O Donnell | Individual | SM | 00:49:56 | 00:49:28 |
| 392 | 43 Aoife | Mc Elwaine | Individual | SW | 00:49:57 | 00:49:52 |
| 393 | 349 Enda | Carr | Letterkenny A.C. | M40 | 00:49:58 | 00:49:27 |
| 394 | 1122 Deidre | McNulty | Individual | SW | 00:49:58 | 00:49:35 |
| 395 | 639 Thomas | Foy | Individual | SM | 00:49:59 | 00:49:27 |
| 396 | 764 Kevin | McDaid | Individual | SM | 00:50:00 | 00:49:39 |
| 397 | 346 Garvan | Boyce | Individual | M40 | 00:50:01 | 00:49:29 |
| 398 | 591 Paul | Sweeney | Individual | SM | 00:50:01 | 00:49:46 |
| 399 | 181 Padd Joseph | Gallagher | Individual | SM | 00:50:04 | 00:49:24 |
| 400 | 370 Patrick | Mc Geever | Individual | SM | 00:50:05 | 00:49:12 |
| 401 | 517 Jim | Farrell | Letterkenny A.C. | m50 | 00:50:10 | 00:50:04 |
| 402 | 124 Colm | Hassan | Individual | SM | 00:50:11 | 00:48:47 |
| 403 | 112 Serena | Mc Daid | Individual | SW | 00:50:12 | 00:50:04 |
| 404 | 513 Chris | Coyle | Individual | SM | 00:50:12 | 00:49:02 |
| 405 | 952 Brian | Hegarty | Individual | SM | 00:50:15 | 00:49:14 |
| 406 | 874 | | | | 00:50:16 | 00:49:23 |
| 407 | 645 Caroline | Mc Nulty | Finn Valley A.C. | SW | 00:50:17 | 00:49:54 |
| 408 | 107 Eugene | Mc Ginley | Individual | M45 | 00:50:19 | 00:49:42 |
| 409 | 604 Callum | Parke | Individual | SM | 00:50:25 | 00:50:22 |
| 410 | 644 Sylvester | Hiemstra | Individual | M40 | 00:50:25 | 00:49:46 |
| 411 | 667 Mick | Carroll | Individual | m40 | 00:50:25 | 00:50:02 |
| 412 | 478 Patrick | Brennan | Individual | SM | 00:50:26 | 00:49:50 |
| 413 | 291 John | Bradley | Individual | M40 | 00:50:27 | 00:49:42 |
| 414 | 61 Anne Marie | Dalton | Individual | SW | 00:50:28 | 00:49:54 |
| 415 | 355 Declan | Mc Callion | Lifford A.C. | M40 | 00:50:28 | 00:50:05 |
| 416 | 622 Chris | Ashmore | Individual | M40 | 00:50:28 | 00:50:11 |
| 417 | 942 John | Smyth | Individual | Sm | 00:50:28 | 00:49:34 |
| 418 | 978 Niall | Griffin | Rosses AC | M40 | 00:50:29 | 00:50:24 |
| 419 | 293 Aishlin | Kelly | Individual | SW | 00:50:30 | 00:49:31 |
| 420 | 1035 Dwayne | Long | Finn Valley A.C. | SM | 00:50:32 | 00:50:23 |
| 421 | 448 Kevin | Doherty | Individual | SM | 00:50:35 | 00:49:47 |
| 422 | 1101 John | Carr | Individual | M45 | 00:50:35 | 00:49:19 |
| 423 | 941 Cory | Broderick | Individual | SM | 00:50:37 | 00:49:43 |
| 424 | 167 Eamonn | O'Boyle | Individual | M45 | 00:50:40 | 00:49:53 |
| 425 | 389 Laura | Moore | Individual | SW | 00:50:40 | 00:50:06 |
| 426 | 695 Lee | Mc Monagle | Individual | SM | 00:50:40 | 00:49:59 |
| 427 | 818 Mark | Mc Daid | Sportsworld | | 00:50:45 | 00:50:42 |
| 428 | 531 Richard | Gardner | Individual | SM | 00:50:48 | 00:50:07 |
| 429 | 685 Regina | Gallagher | Individual | sw | 00:50:51 | 00:50:34 |
| 430 | 850 Padraic | gibbons | Individual | M50 | 00:50:51 | 00:49:38 |
| 431 | 383 Audrey | Parke | Individual | w40 | 00:50:52 | 00:50:47 |

| | | | | | | |
|-----|-----------------|-------------|------------------|-----|----------|----------|
| 432 | 1060 Marisa | Bryce | Individual | SW | 00:50:54 | 00:50:35 |
| 433 | 400 Mark | Bolton | Letterkenny A.C. | M40 | 00:50:55 | 00:50:46 |
| 434 | 945 Seamus | Carlin | Individual | SM | 00:50:57 | 00:50:47 |
| 435 | 1157 Melissa | Byrne | Individual | SW | 00:51:00 | 00:50:20 |
| 436 | 1158 Domnc | Breslin | Individual | SM | 00:51:01 | 00:50:19 |
| 437 | 516 Emily | Bonner | Individual | SW | 00:51:02 | 00:50:45 |
| 438 | 33 John | Mc Kelvey | Individual | SM | 00:51:04 | 00:50:16 |
| 439 | 388 Nicola | Maguire | Individual | SW | 00:51:05 | 00:50:44 |
| 440 | 450 Vanessa | Friel | Individual | sw | 00:51:06 | 00:50:42 |
| 441 | 481 Joe | Hyland | Individual | sm | 00:51:06 | 00:50:32 |
| 442 | 1108 Evelyn | Boyle | Individual | SW | 00:51:07 | 00:50:25 |
| 443 | 265 Gavin | Hunter | Individual | SM | 00:51:08 | 00:50:35 |
| 444 | 864 Dan | Smith | Individual | M50 | 00:51:09 | 00:50:50 |
| 445 | 908 Padraig | Monaghan | Individual | SM | 00:51:11 | 00:51:07 |
| 446 | 943 Catherine | Moran | Foyle valley | M50 | 00:51:12 | 00:50:47 |
| 447 | 648 Gregory | O' Loughlin | Individual | M40 | 00:51:13 | 00:50:40 |
| 448 | 649 Christopher | O' Loughlin | Tír Chonaill | SM | 00:51:13 | 00:50:41 |
| 449 | 119 Suzanne | Mc Closkey | Individual | SW | 00:51:16 | 00:51:09 |
| 450 | 384 Stephen | Parke | Individual | m45 | 00:51:16 | 00:51:12 |
| 451 | 581 Nigel | Black | Individual | M40 | 00:51:18 | 00:50:31 |
| 452 | 629 Andera | O' Carroll | Individual | SW | 00:51:18 | 00:50:38 |
| 453 | 266 Danny | Mc Daid | Individual | SM | 00:51:19 | 00:50:49 |
| 454 | 811 Barry | Kerr | Individual | SM | 00:51:25 | 00:50:41 |
| 455 | 430 Deirdre | Rodden | Individual | SW | 00:51:27 | 00:51:08 |
| 456 | 637 Aileen | Mc Laughlin | Inishowen A.C. | w45 | 00:51:27 | 00:51:13 |
| 457 | 781 Ronan | McNamee | Individual | SM | 00:51:27 | 00:50:04 |
| 458 | 973 Christopher | Day | Individual | SM | 00:51:27 | 00:51:05 |
| 459 | 1047 Paul | Doherty | Individual | SM | 00:51:27 | 00:50:46 |
| 460 | 549 Eugene | Mc Ginley | Individual | m45 | 00:51:29 | 00:51:11 |
| 461 | 511 Maura | O' Grady | Individual | w45 | 00:51:30 | 00:50:35 |
| 462 | 780 Paddy | McNamee | Individual | M45 | 00:51:31 | 00:50:07 |
| 463 | 852 Jonathon | doherty | Individual | SM | 00:51:31 | 00:51:22 |
| 464 | 853 Michael | Moore | Individual | Sm | 00:51:31 | 00:51:22 |
| 465 | 503 Catherine | Gallagher | Individual | SW | 00:51:32 | 00:51:02 |
| 466 | 1133 Daniel | Sweeney | Individual | M40 | 00:51:37 | 00:51:04 |
| 467 | 354 Seamus | Mc laughlin | Individual | SM | 00:51:44 | 00:51:12 |
| 468 | 813 Brian | Conway | Individual | SM | 00:51:44 | 00:50:31 |
| 469 | 395 Ciaran | Roarty | Individual | SM | 00:51:46 | 00:50:33 |
| 470 | 722 Philip | Connolly | Monaghan Town AC | SM | 00:51:47 | 00:51:08 |
| 471 | 227 Kevin | Bonner | Individual | SM | 00:51:49 | 00:50:45 |
| 472 | 627 Tanya | Dorran | Individual | sw | 00:51:49 | 00:50:56 |
| 473 | 628 Jonathon | Dorran | Individual | SM | 00:51:50 | 00:50:57 |
| 474 | 216 Shaun | O Donnell | Individual | SM | 00:51:53 | 00:51:35 |
| 475 | 989 Ronan | Kelly | Individual | Sm | 00:51:56 | 00:51:39 |
| 476 | 11 David | Doherty | Individual | SM | 00:51:59 | 00:51:29 |
| 477 | 793 Mark | Nicholas | Rosses | M40 | 00:52:03 | 00:51:24 |
| 478 | 229 Linda | Mc Daid | Individual | SW | 00:52:05 | 00:51:51 |
| 479 | 1023 Sharon | Hamilton | Finn Valley A.C. | SW | 00:52:08 | 00:51:30 |
| 480 | 767 Mairead | O'Connell | Individual | SW | 00:52:12 | 14:53:44 |
| 481 | 196 Patrick | Mc Gettigan | Individual | SM | 00:52:13 | 00:51:12 |
| 482 | 785 Paddy | McTeague | Individual | M40 | 00:52:13 | 00:51:35 |
| 483 | 439 Eamonn | Mc Cahill | Individual | M40 | 00:52:14 | 00:51:38 |
| 484 | 1022 Liam | Martin | Individual | SM | 00:52:17 | 00:51:13 |
| 485 | 443 John A | Mullen | Individual | m40 | 00:52:18 | 00:51:09 |

| | | | | | | |
|-----|----------------|-------------|---------------------|-----|----------|----------|
| 486 | 546 Sinead | Boyle | Individual | sw | 00:52:19 | 00:52:15 |
| 487 | 771 Mary | Khien | Individual | SW | 00:52:20 | 00:52:14 |
| 488 | 363 Jenny | Shiels | Individual | SW | 00:52:22 | 00:52:14 |
| 489 | 665 Grace | Friel | Milford A.C. | w45 | 00:52:23 | 00:51:37 |
| 490 | 94 Cathy | Harvey | Individual | W45 | 00:52:25 | 00:51:55 |
| 491 | 851 Mark | Alcorn | Individual | | 00:52:25 | 00:51:18 |
| 492 | 62 Karol | Harvey | Individual | SM | 00:52:30 | 00:51:56 |
| 493 | 867 | | | | 00:52:31 | 00:51:16 |
| 494 | 46 Aisling | Kelly | Individual | SW | 00:52:32 | 00:52:11 |
| 495 | 440 Kieran | Gallagher | Individual | M40 | 00:52:32 | 00:51:57 |
| 496 | 569 Catherine | Regan | Galway City Harries | SW | 00:52:32 | 00:52:13 |
| 497 | 474 Francis | Diver | Milford A.C. | m45 | 00:52:34 | 00:51:55 |
| 498 | 706 Kevin | Hennessy | 24/7 | M50 | 00:52:34 | 00:52:12 |
| 499 | 279 John | Doherty | Individual | m45 | 00:52:35 | 00:51:59 |
| 500 | 601 Barry | Browne | Milford A.C. | M40 | 00:52:35 | 00:51:56 |
| 501 | 838 Marie | O' Donnell | Inishowen A.C. | SW | 00:52:37 | 00:52:28 |
| 502 | 845 Orla | Shovelin | Individual | W40 | 00:52:39 | 00:52:14 |
| 503 | 779 Niall | McElwaine | Individual | SM | 00:52:40 | 00:52:16 |
| 504 | 488 Liam | Brennan | Individual | SM | 00:52:41 | 00:52:12 |
| 505 | 240 Jonathon | Anderson | Individual | SM | 00:52:42 | 00:52:09 |
| 506 | 128 Noel | Mc Gettigan | Individual | M40 | 00:52:43 | 00:51:50 |
| 507 | 933 Gareth | McKane | Individual | SM | 00:52:43 | 00:51:25 |
| 508 | 1156 Stephen | Steward | Individual | M50 | 00:52:44 | 00:52:42 |
| 509 | 208 Barry | Cox | Individual | SM | 00:52:45 | 00:52:15 |
| 510 | 237 Joe | Mc Nulty | Castlefinn Runners | M40 | 00:52:45 | 00:51:51 |
| 511 | 459 Liam | Daly | Individual | m50 | 00:52:45 | 00:52:08 |
| 512 | 837 Ursula | Lynch | Inishowen A.C. | SW | 00:52:45 | 00:52:32 |
| 513 | 482 Pauric | Mc Ginley | Individual | SM | 00:52:46 | 00:52:13 |
| 514 | 194 Ronan | Bonnar | Cork | SM | 00:52:52 | 00:51:40 |
| 515 | 189 Martin | Mc Kelvey | Individual | M40 | 00:52:56 | 00:51:29 |
| 516 | 197 Angela | Trim Ble | Individual | W40 | 00:52:59 | 00:52:41 |
| 517 | 801 | | | | 00:53:04 | 00:52:23 |
| 518 | 425 Eimear | Mc Dermott | Individual | SW | 00:53:05 | 00:52:39 |
| 519 | 1107 Deaglan | Macbride | Individual | M50 | 00:53:07 | 00:51:44 |
| 520 | 745 Brian | McElwaine | Individual | SM | 00:53:09 | 00:51:42 |
| 521 | 499 Sinead | Kenny | Finn Valley A.C. | SW | 00:53:10 | 00:52:48 |
| 522 | 108 Niamh | Mc Carthy | Individual | SW | 00:53:12 | 00:53:04 |
| 523 | 784 Owenie | McDonagh | Individual | SM | 00:53:12 | 00:52:45 |
| 524 | 828 Michael | Rogers | Individual | M45 | 00:53:13 | 00:52:17 |
| 525 | 1098 Gary | McQuaid | Individual | M40 | 00:53:13 | 00:51:57 |
| 526 | 277 Danielle | Boyle | Individual | SW | 00:53:20 | 00:53:04 |
| 527 | 278 Michelle | Delaney | Individual | SW | 00:53:20 | 00:53:02 |
| 528 | 829 Kathleen | Rogers | Individual | M40 | 00:53:20 | 00:52:38 |
| 529 | 502 Seana | Mc Cann | Letterkenny A.C. | SM | 00:53:24 | 00:52:54 |
| 530 | 504 Luke | Murphy | Letterkenny A.C. | SM | 00:53:24 | 00:52:56 |
| 531 | 806 Jason | Cottrell | Individual | m45 | 00:53:24 | 00:53:02 |
| 532 | 305 Franciszek | Blaszczok | Individual | M40 | 00:53:25 | 00:52:57 |
| 533 | 1149 Kevin | Lennon | Individual | SM | 00:53:25 | 00:52:34 |
| 534 | 382 Damien | Mc Glynn | Individual | SM | 00:53:26 | 00:52:43 |
| 535 | 410 Michelle | Kelly | Individual | w45 | 00:53:27 | 00:52:32 |
| 536 | 718 Annalee | Kelly | Individual | SW | 00:53:27 | 00:52:12 |
| 537 | 1033 Gerard | McFadden | Individual | SM | 00:53:29 | 00:52:41 |
| 538 | 356 John | Burke | Individual | M40 | 00:53:30 | 00:52:20 |
| 539 | 905 Jarlath | Cannon | Individual | SM | 00:53:30 | 00:52:49 |

| | | | | | | |
|-----|---------------|---------------|------------------|-----|----------|----------|
| 540 | 992 Eoin | Ferry | Individual | SM | 00:53:31 | 00:53:15 |
| 541 | 1081 Ira | McGettigan | Individual | W40 | 00:53:33 | 00:52:37 |
| 542 | 1112 Leslie | Thompson | Individual | SM | 00:53:33 | 00:53:03 |
| 543 | 709 Eoin | Fogarty | Individual | sm | 00:53:35 | 00:53:25 |
| 544 | 162 Claire | Harkin | Individual | SW | 00:53:36 | 00:53:15 |
| 545 | 747 Mick | Doherty | Letterkenny A.C. | m50 | 00:53:36 | 00:52:53 |
| 546 | 795 Lourde | Walsh | Individual | W40 | 00:53:36 | 00:52:58 |
| 547 | 1011 Gretta | Marley | Finn Valley A.C. | W40 | 00:53:38 | 00:53:14 |
| 548 | 271 Edith | Neely | Individual | w40 | 00:53:39 | 00:53:25 |
| 549 | 719 John | Gibsey | Individual | SM | 00:53:42 | 00:52:24 |
| 550 | 27 Coleen | Mc Daid | Individual | SW | 00:53:45 | 00:53:20 |
| 551 | 195 Louise | Fallam | Cork | SW | 00:53:46 | 00:52:34 |
| 552 | 592 Tara | Jacob | Individual | SW | 00:53:46 | 00:52:58 |
| 553 | 172 Alister | Heatherington | Individual | M40 | 00:53:47 | 00:53:20 |
| 554 | 577 Adrian | Brennan | Individual | M40 | 00:53:47 | 00:52:55 |
| 555 | 1129 Michael | Gillespie | Individual | SW | 00:53:49 | 00:53:33 |
| 556 | 508 Adrian | O' Donnell | Individual | M40 | 00:53:54 | 00:53:44 |
| 557 | 371 Joyce | Kilpatrick | Lifford A.C. | w40 | 00:53:55 | 00:53:33 |
| 558 | 497 Andrew | Peterson | Individual | m45 | 00:53:55 | 00:52:54 |
| 559 | 490 Joe | Mc Daid | Individual | M40 | 00:53:56 | 00:52:45 |
| 560 | 564 Des | Gayvaerts | Individual | SM | 00:53:56 | 00:53:33 |
| 561 | 441 Marie | Mullen | Individual | w40 | 00:54:00 | 00:52:51 |
| 562 | 962 Anita | Meehan | Individual | SW | 00:54:01 | 00:53:17 |
| 563 | 1000 Martin | Collins | Individual | M50 | 00:54:01 | 00:53:34 |
| 564 | 814 Joe | Mc Fadden | Individual | | 00:54:02 | 00:52:49 |
| 565 | 688 Bryan | Westman | Individual | sm | 00:54:03 | 00:53:20 |
| 566 | 711 Jason | Coyle | Individual | sm | 00:54:03 | 00:52:46 |
| 567 | 317 Joanne | Campbell | Individual | w40 | 00:54:05 | 00:53:39 |
| 568 | 805 Gerry | Mc Cready | Individual | | 00:54:06 | 00:52:58 |
| 569 | 712 Ruairi | Mc Glinchey | Individual | SM | 00:54:07 | 00:52:50 |
| 570 | 869 | | | | 00:54:09 | 00:53:14 |
| 571 | 914 Brian | Duffy | Individual | SM | 00:54:10 | 00:53:34 |
| 572 | 103 Elaine | Gillen | Individual | SW | 00:54:12 | 00:54:03 |
| 573 | 226 Mary | Rice | Individual | w40 | 00:54:12 | 00:53:20 |
| 574 | 1088 Collette | Byrne | Slieve Liag | W40 | 00:54:12 | 00:53:47 |
| 575 | 343 Josie | Lawler | Individual | w40 | 00:54:13 | 00:53:31 |
| 576 | 819 Eamonn | mc Kenna | Individual | M45 | 00:54:17 | 00:53:31 |
| 577 | 506 Danny | Mc Bride | Individual | M40 | 00:54:20 | 00:54:10 |
| 578 | 233 Patrick | Mc Nulty | Individual | SM | 00:54:23 | 00:53:21 |
| 579 | 802 | | | | 00:54:24 | 00:52:58 |
| 580 | 1117 Enda | Masterson | Individual | SM | 00:54:25 | 00:54:14 |
| 581 | 413 Martin | Toye | Individual | M40 | 00:54:27 | 00:53:04 |
| 582 | 377 Gilbert | Castillo | Individual | SM | 00:54:28 | 00:54:22 |
| 583 | 872 | | | | 00:54:28 | 00:53:32 |
| 584 | 26 Caroline | Mc Ateen | Individual | W45 | 00:54:30 | 00:53:11 |
| 585 | 143 Alan | Gormley | Individual | SM | 00:54:30 | 00:54:17 |
| 586 | 810 Dessie | Mc Laughlin | Individual | m40 | 00:54:30 | 00:53:13 |
| 587 | 246 Jackie | Ireland | Letterkenny A.C. | w50 | 00:54:31 | 00:53:39 |
| 588 | 907 Mary | Higgins | Individual | W40 | 00:54:31 | 00:54:26 |
| 589 | 2 Marie | Brennan | Individual | SW | 00:54:33 | 00:53:41 |
| 590 | 242 Nuala | Diver | Individual | SW | 00:54:33 | 00:53:47 |
| 591 | 668 Edel | Carroll | Individual | sw | 00:54:33 | 00:54:12 |
| 592 | 681 Aoife | Mc Carthy | Individual | sw | 00:54:33 | 00:53:12 |
| 593 | 403 Damien | Downey | Inishowen A.C. | SM | 00:54:34 | 00:53:45 |

| | | | | | | |
|-----|--------------|--------------|---------------------|-----|----------|----------|
| 594 | 138 Malachy | Dunleavy | Individual | SW | 00:54:35 | 00:54:21 |
| 595 | 140 AnnMarie | Patton | Individual | SW | 00:54:35 | 00:54:22 |
| 596 | 105 Danny | Rodgers | Individual | SM | 00:54:37 | 00:53:13 |
| 597 | 664 Sean | O' Donnell | Individual | sm | 00:54:37 | 00:54:12 |
| 598 | 262 Carmel | Hoynes | Individual | w40 | 00:54:38 | 00:54:18 |
| 599 | 351 Deborah | Conway | Lifford A.C. | SW | 00:54:38 | 00:54:17 |
| 600 | 584 Gareth | Patton | Individual | SM | 00:54:40 | 00:53:19 |
| 601 | 1119 Matthew | Geever | Individual | SM | 00:54:41 | 00:53:48 |
| 602 | 621 Francis | Doherty | Individual | SW | 00:54:42 | 00:54:12 |
| 603 | 704 Tara | Hegarty | Finn Valley A.C. | SW | 00:54:42 | 00:54:12 |
| 604 | 510 Yvonne | O' Donnell | Milford A.C. | SW | 00:54:46 | 00:54:08 |
| 605 | 1097 Jane | Murphy | Trim A.C. | W45 | 00:54:49 | 00:54:08 |
| 606 | 127 Cairan | Doherty | Individual | SM | 00:54:50 | 00:54:02 |
| 607 | 374 Shane | Clarke | Individual | SM | 00:54:50 | 00:54:05 |
| 608 | 543 Aoife | Mc Granaghan | Individual | SW | 00:54:50 | 00:54:32 |
| 609 | 352 Andrea | Mc Gavigan | Lifford A.C. | SW | 00:54:51 | 00:54:29 |
| 610 | 475 Danielle | Holmes | Individual | SM | 00:54:52 | 00:53:54 |
| 611 | 491 Charles | Gallagher | Individual | SM | 00:54:55 | 00:53:43 |
| 612 | 10 James | Mc Erlean | Run LK | M45 | 00:54:56 | 00:54:44 |
| 613 | 398 Paul | Mc Geady | Individual | m50 | 00:54:56 | 00:54:44 |
| 614 | 106 Ruth | Mc Crudden | Letterkenny A.C. | W45 | 00:54:58 | 00:54:06 |
| 615 | 161 Adrian | Wilson | 24/7 Triathlon | M40 | 00:54:59 | 00:53:53 |
| 616 | 212 Stasey | Hegarty | Individual | SW | 00:55:00 | 00:54:49 |
| 617 | 353 Anthea | Hegarty | Lifford A.C. | SW | 00:55:02 | 00:54:40 |
| 618 | 96 Patrick | Linsey | Individual | M40 | 00:55:03 | 00:54:53 |
| 619 | 690 Mary | Mc Laughlin | Individual | SW | 00:55:04 | 00:54:53 |
| 620 | 551 Niamh | Gibbons | Individual | SW | 00:55:05 | 00:54:17 |
| 621 | 918 Caroline | Kennedy | Bruckless Road Runn | W40 | 00:55:06 | 00:54:45 |
| 622 | 580 Aidan | Spencer | Individual | SM | 00:55:07 | 00:53:42 |
| 623 | 211 Stacey | Blake | Individual | SW | 00:55:08 | 00:54:46 |
| 624 | 333 Jimmy | Gildea | Letterkenny A.C. | m50 | 00:55:10 | 00:54:43 |
| 625 | 341 Marcus | Cranford | Individual | M40 | 00:55:10 | 00:53:46 |
| 626 | 925 Johnny | Thomas | Individual | SM | 00:55:10 | 00:54:24 |
| 627 | 63 Mary | Martin | Finn Valley A.C. | W50 | 00:55:13 | 00:54:55 |
| 628 | 686 Fabio | Gallagher | Individual | m45 | 00:55:13 | 00:53:59 |
| 629 | 214 Catriona | Mc Intyre | Individual | SW | 00:55:17 | 00:54:01 |
| 630 | 408 Mark | Gildea | Individual | SM | 00:55:17 | 00:54:53 |
| 631 | 708 Joe | Blake | Individual | m50 | 00:55:18 | 00:54:22 |
| 632 | 30 Claire | O'Donnell | Mullingar Hrs | SW | 00:55:22 | 00:54:19 |
| 633 | 402 John | Mc Candless | Inishowen A.C. | SM | 00:55:22 | 00:54:34 |
| 634 | 641 Margaret | Mc Glynn | Individual | sw | 00:55:25 | 00:55:00 |
| 635 | 1089 Melissa | McIntyre | Inishowen A.C. | SW | 00:55:26 | 00:54:39 |
| 636 | 419 Danielle | Grant | Inishowen A.C. | SW | 00:55:27 | 00:54:42 |
| 637 | 663 Seamus | Crossan | Individual | SM | 00:55:27 | 00:55:02 |
| 638 | 753 Una | Friel | Individual | SW | 00:55:28 | 00:54:18 |
| 639 | 566 Alana | Millar | Individual | sw | 00:55:29 | 00:54:49 |
| 640 | 878 | | | | 00:55:29 | 00:55:15 |
| 641 | 1131 Amanda | Lafferty | Individual | SW | 00:55:31 | 00:54:29 |
| 642 | 418 Seana | Jackson | Inishowen A.C. | w45 | 00:55:32 | 00:54:45 |
| 643 | 380 Fiona | Mc laughlin | Individual | SW | 00:55:34 | 00:55:00 |
| 644 | 768 Jo-Ann | Doherty | Individual | W40 | 00:55:37 | 00:54:30 |
| 645 | 192 Stephen | Coyle | Individual | SM | 00:55:39 | 00:54:14 |
| 646 | 86 Paula | Hegarty | Individual | SW | 00:55:41 | 00:55:18 |
| 647 | 282 Agnes | Ryan | Milford A.C. | SW | 00:55:42 | 00:55:01 |

| | | | | | | |
|-----|----------------|-------------|--------------------|-----|----------|----------|
| 648 | 78 Catherine | Burke | Individual | SW | 00:55:53 | 00:55:25 |
| 649 | 1123 Kathleen | Kelly | Individual | SW | 00:55:53 | 00:55:33 |
| 650 | 938 Jacqueline | Molloy | Individual | SW | 00:55:54 | 00:54:59 |
| 651 | 432 Martin | O' Donnell | Individual | m45 | 00:55:56 | 00:54:44 |
| 652 | 452 Patricia | Nulty | Milford A.C. | w40 | 00:55:56 | 00:55:16 |
| 653 | 796 Nigel | Keown | Individual | M40 | 00:55:57 | 00:55:38 |
| 654 | 472 Michelle | Mc Morrow | Individual | SW | 00:55:58 | 00:55:18 |
| 655 | 489 Sandra | Mc laughlin | Individual | SW | 00:55:59 | 00:55:18 |
| 656 | 587 Eilish | Mc Clay | Individual | SW | 00:56:00 | 00:55:24 |
| 657 | 670 Carl | Houston | Castlefinn Runners | SM | 00:56:03 | 00:55:16 |
| 658 | 431 Brid | Ward Nash | Individual | SW | 00:56:05 | 00:56:00 |
| 659 | 1040 Sharon | Smyth | Inishowen A.C. | W40 | 00:56:06 | 00:55:23 |
| 660 | 67 Helene | Mc Menamin | Finn Valley A.C. | W40 | 00:56:07 | 00:55:29 |
| 661 | 344 Fiona | Blaney | Individual | w40 | 00:56:09 | 00:55:28 |
| 662 | 295 Lurna | Spratt | Individual | SW | 00:56:13 | 00:55:07 |
| 663 | 777 Nicolette | Culloo | Individual | SW | 00:56:13 | 00:55:42 |
| 664 | 303 Sinead | Peoples | Individual | SW | 00:56:14 | 00:55:17 |
| 665 | 304 Louise | Peoples | Individual | SW | 00:56:14 | 00:55:17 |
| 666 | 547 Paul | Brady | Individual | m40 | 00:56:14 | 00:55:36 |
| 667 | 3 Annmarie | Roche | Individual | SW | 00:56:19 | 00:55:29 |
| 668 | 312 Pauric | Coll | Individual | SM | 00:56:19 | 00:54:54 |
| 669 | 335 Siobhan | Kenny | Individual | SW | 00:56:20 | 00:55:03 |
| 670 | 414 Elaine | Grant | Finn Valley A.C. | SW | 00:56:20 | 00:56:15 |
| 671 | 815 Katie | Mc Nulty | Individual | SW | 00:56:21 | 00:54:57 |
| 672 | 1136 James | Dorrian | Individual | M45 | 00:56:23 | 00:55:49 |
| 673 | 486 Danielle | Canning | Individual | SM | 00:56:30 | 00:55:59 |
| 674 | 947 Yvonne | Boyle | Individual | SW | 00:56:33 | 00:55:35 |
| 675 | 101 OJ | Friel | Individual | SM | 00:56:36 | 00:56:20 |
| 676 | 7 Andrea | Devins | Individual | SW | 00:56:38 | 00:55:17 |
| 677 | 309 Damien | Callaghan | Individual | M40 | 00:56:40 | 00:55:51 |
| 678 | 689 Grainne | Boyle | Individual | sw | 00:56:40 | 00:55:19 |
| 679 | 83 Bernie | Mc Menamin | Finn Valley A.C. | SW | 00:56:41 | 00:56:07 |
| 680 | 156 Danielle | Mc Namee | Individual | SW | 00:56:41 | 00:55:52 |
| 681 | 215 Ethna | Cox | Individual | SW | 00:56:42 | 00:55:47 |
| 682 | 1115 Peter | Barr | Individual | M45 | 00:56:43 | 00:55:40 |
| 683 | 824 Ronnie | Sweeney | Inishowen A.C. | M45 | 00:56:44 | 00:56:28 |
| 684 | 682 Loraine | Kerr | Individual | sw | 00:56:47 | 00:55:44 |
| 685 | 835 Cathy | breslin | Individual | W45 | 00:56:47 | 00:55:52 |
| 686 | 923 Natasha | Gallagher | Ballina, Mayo | SW | 00:56:47 | 00:55:40 |
| 687 | 218 Henry | Sproule | Individual | M40 | 00:56:48 | 00:56:20 |
| 688 | 554 Liz | Gallagher | Individual | W45 | 00:56:49 | 00:55:51 |
| 689 | 239 Zena | Gordon | Individual | SW | 00:56:51 | 00:56:18 |
| 690 | 17 Andrew | Hanlon | Individual | SM | 00:56:54 | 00:56:05 |
| 691 | 827 Patricia | Mc Laughlin | Inishowen A.C. | W40 | 00:56:55 | 00:56:38 |
| 692 | 175 Paul | Gillen | Individual | M45 | 00:56:56 | 00:56:21 |
| 693 | 505 John | Mc Feeley | Individual | m45 | 00:56:56 | 00:55:53 |
| 694 | 136 Martin | Anderson | FC Slim | M45 | 00:56:57 | 00:56:29 |
| 695 | 756 Geraldine | Ong | Individual | SW | 00:56:58 | 00:56:18 |
| 696 | 391 Denise | Mc Bride | Individual | SW | 00:57:01 | 00:56:50 |
| 697 | 868 | | | | 00:57:01 | 00:56:05 |
| 698 | 902 James | Browne | Individual | M45 | 00:57:01 | 00:55:55 |
| 699 | 60 Anne | Robinson | Individual | SW | 00:57:03 | 00:56:27 |
| 700 | 680 Niamh | Foy | Individual | SW | 00:57:03 | 00:55:43 |
| 701 | 558 P.J. | Mc Monagle | Individual | SM | 00:57:05 | 00:56:06 |

| | | | | | | |
|-----|-----------------|------------|----------------------|-----|----------|----------|
| 702 | 47 Mary | Mc Feely | Individual | SW | 00:57:10 | 00:56:49 |
| 703 | 579 Rachel | Bell | Individual | sw | 00:57:13 | 00:56:31 |
| 704 | 206 Fidelma | Mc tague | Individual | SW | 00:57:19 | 00:56:15 |
| 705 | 526 Darren | Mc Daid | Individual | SM | 00:57:20 | 00:56:29 |
| 706 | 875 | | | | 00:57:24 | 00:56:30 |
| 707 | 737 Jonothan | Cassidy | Individual | SM | 00:57:26 | 00:56:43 |
| 708 | 791 Mary | Kelly | Individual | W45 | 00:57:28 | 00:57:05 |
| 709 | 281 Emmet | O' Donnell | Individual | SM | 00:57:29 | 00:56:21 |
| 710 | 500 Shane | Mc Donald | Individual | SM | 00:57:29 | 00:56:28 |
| 711 | 123 Alan | Mc Nally | Individual | SM | 00:57:31 | 00:56:23 |
| 712 | 160 Fiona | Wilson | Individual | SW | 00:57:36 | 00:56:30 |
| 713 | 1118 Joanne | Kearney | Individual | W45 | 00:57:36 | 00:56:42 |
| 714 | 359 Barry | Mc Daid | Individual | m45 | 00:57:37 | 00:56:34 |
| 715 | 778 Adelle | McAteer | Individual | SW | 00:57:38 | 00:56:35 |
| 716 | 329 Gretta | Toye | Individual | w40 | 00:57:40 | 00:56:32 |
| 717 | 288 Rosaleen | Forde | Individual | w40 | 00:57:41 | 00:56:46 |
| 718 | 951 Annika | Kyssa | Individual | SW | 00:57:45 | 00:56:50 |
| 719 | 930 Deidra | McGuinness | Bruckless Running Cl | SW | 00:57:46 | 00:56:44 |
| 720 | 931 Donal | McGuinness | Bruckless Running Cl | SM | 00:57:46 | 00:56:44 |
| 721 | 834 nd | Garvie | Rosses AC | SW | 00:57:47 | 00:57:38 |
| 722 | 153 Aine | Regan | Individual | SW | 00:57:48 | 00:56:26 |
| 723 | 230 Eugene | Duffy | Individual | SM | 00:57:48 | 00:56:44 |
| 724 | 855 Martina | Carr | Individual | sm | 00:57:52 | 00:57:18 |
| 725 | 1050 Patrick | Carr | Individual | SM | 00:57:53 | 00:57:15 |
| 726 | 762 Joanne | Kilmartin | Individual | SW | 00:57:55 | 00:57:18 |
| 727 | 433 David | Mc Ilwaine | Individual | m40 | 00:57:56 | 00:56:40 |
| 728 | 97 Declan | Friel | Milford A.C. | M40 | 00:58:00 | 00:57:20 |
| 729 | 636 Noelle | Doherty | Individual | SW | 00:58:05 | 00:57:34 |
| 730 | 177 Louise | Mc Groy | Individual | SW | 00:58:10 | 00:57:05 |
| 731 | 179 Claire | Mc Intyre | Individual | SW | 00:58:10 | 00:57:04 |
| 732 | 385 Jackie | Harvey | Tír Chonail | w50 | 00:58:10 | 00:57:46 |
| 733 | 550 Eimear | Gibbons | Individual | SW | 00:58:13 | 00:57:28 |
| 734 | 974 Christopher | Wong | Individual | SM | 00:58:13 | 00:57:32 |
| 735 | 1052 james | bradley | Individual | Sm | 00:58:14 | 00:56:52 |
| 736 | 589 Sandra | Deery | Individual | SW | 00:58:16 | 00:58:03 |
| 737 | 600 Kelly | Mc Kinley | Individual | SW | 00:58:16 | 00:57:42 |
| 738 | 129 Laird | Mc Kinney | Individual | SM | 00:58:17 | 00:57:42 |
| 739 | 283 Aubrey | Baxter | Individual | SM | 00:58:18 | 00:57:14 |
| 740 | 738 Liasa | Boyle | Individual | SW | 00:58:22 | 00:56:55 |
| 741 | 782 Shauna | Kerr | Individual | SW | 00:58:26 | 00:57:16 |
| 742 | 36 Sandra | Ellison | Individual | W40 | 00:58:29 | 00:57:40 |
| 743 | 602 Siobhan | Ma Auley | Individual | w45 | 00:58:29 | 00:57:04 |
| 744 | 487 Brendan | Kelly | Individual | SM | 00:58:30 | 00:58:03 |
| 745 | 611 Glenda | Hegarty | Individual | SW | 00:58:33 | 00:58:22 |
| 746 | 1020 Patricia | Odonnell | Individual | SW | 00:58:36 | 00:57:40 |
| 747 | 501 Chrisopher | Peterson | Individual | SM | 00:58:42 | 00:58:05 |
| 748 | 653 Emeir | Coll | Individual | SW | 00:58:46 | 00:58:32 |
| 749 | 149 John james | Dunphy | Individual | M40 | 00:58:47 | 00:57:25 |
| 750 | 296 Jackie | Mc Hugh | Individual | SW | 00:58:47 | 00:57:44 |
| 751 | 199 Ian | Broadhurst | Individual | M40 | 00:58:48 | 00:57:26 |
| 752 | 447 Colleen | O' Brien | Finn Valley A.C. | SW | 00:58:48 | 00:58:13 |
| 753 | 939 Eoghan | Gleeson | Individual | SM | 00:58:50 | 00:57:45 |
| 754 | 1041 John | Ruddy | Individual | Sm | 00:58:50 | 00:57:45 |
| 755 | 307 Annmarie | Mc Devitt | Individual | SW | 00:58:51 | 00:58:06 |

| | | | | | | | |
|-----|------|------------|-------------|---------------------|-----|----------|----------|
| 756 | 340 | Damian | Doherty | Individual | SM | 00:58:51 | 00:58:02 |
| 757 | 23 | Philip | Browne | Individual | SM | 00:58:52 | 00:58:02 |
| 758 | 367 | Eileen | Morning | Individual | w40 | 00:58:52 | 00:58:02 |
| 759 | 70 | Cora | Harvey | Finn Valley A.C. | SW | 00:58:55 | 00:58:32 |
| 760 | 73 | Leona | Mc Gee | Finn Valley A.C. | SW | 00:58:55 | 00:58:30 |
| 761 | 1029 | Sonia | ODonnell | Individual | SW | 00:58:55 | 00:57:55 |
| 762 | 620 | Sabrina | Gallagher | Individual | SW | 00:58:57 | 00:58:41 |
| 763 | 858 | mairead | Gallagher | Galway City Harries | M45 | 00:58:58 | 00:58:03 |
| 764 | 870 | | | | | 00:58:58 | 00:57:37 |
| 765 | 871 | | | | | 00:58:59 | 00:57:38 |
| 766 | 376 | Martin | Fgallagher | Individual | SM | 00:59:05 | 00:57:51 |
| 767 | 953 | Rhona | Wherity | Individual | SW | 00:59:06 | 00:58:45 |
| 768 | 603 | Martin | Donaghey | Individual | SM | 00:59:07 | 00:57:52 |
| 769 | 1099 | Conor | Grennan | Individual | SM | 00:59:07 | 00:58:31 |
| 770 | 326 | Elaine | Connolly | Individual | SW | 00:59:09 | 00:58:30 |
| 771 | 348 | Sean | Bonner | Londis | m50 | 00:59:09 | 00:57:50 |
| 772 | 556 | Dorothy | Mc Hugh | Individual | SW | 00:59:09 | 00:58:11 |
| 773 | 1012 | Eileen | Duggan | Individual | W40 | 00:59:09 | 00:57:58 |
| 774 | 89 | Paula | O'Donnell | Individual | SW | 00:59:10 | 00:58:56 |
| 775 | 555 | Mary | Van Ruiven | Individual | SW | 00:59:10 | 00:58:10 |
| 776 | 88 | Sinead | Kelly | Individual | SW | 00:59:12 | 00:59:00 |
| 777 | 705 | Bridget | Friel | Milford A.C. | w40 | 00:59:12 | 00:58:30 |
| 778 | 24 | Patricia | Mc Dermott | Run LK | SW | 00:59:18 | 00:59:07 |
| 779 | 232 | Michelle | Murray | Individual | SW | 00:59:23 | 00:58:20 |
| 780 | 1043 | Rosie | Diver | Individual | W40 | 00:59:24 | 00:58:08 |
| 781 | 152 | Deirdre | Friel | Individual | W45 | 00:59:30 | 00:58:08 |
| 782 | 436 | Christine | Porter | Individual | SW | 00:59:30 | 00:59:04 |
| 783 | 437 | Sandra | Whoriskey | Individual | SW | 00:59:31 | 00:59:02 |
| 784 | 994 | Thomas | Rodgers | Individual | SM | 00:59:31 | 00:58:04 |
| 785 | 243 | Jessica | Morrisan | Individual | SW | 00:59:32 | 00:58:29 |
| 786 | 66 | Grainne | Graham | Finn Valley A.C. | SW | 00:59:33 | 00:58:47 |
| 787 | 64 | Paula | Jansen | Finn Valley A.C. | SW | 00:59:34 | 00:58:25 |
| 788 | 650 | Jean | Mc Glinchey | Individual | w50 | 00:59:34 | 00:58:52 |
| 789 | 655 | Liam | Mc Laughlin | Individual | sm | 00:59:35 | 00:59:09 |
| 790 | 657 | Annette | Sweeney | Individual | sw | 00:59:35 | 00:59:11 |
| 791 | 693 | Michelle | Mc Daid | Individual | SW | 00:59:37 | 00:58:45 |
| 792 | 22 | Caroline | Mc Elwaine | Individual | SW | 00:59:40 | 00:58:35 |
| 793 | 715 | Ann Marie | Darmody | Individual | SW | 00:59:40 | 00:58:50 |
| 794 | 716 | Amanda | Quinn | Individual | SW | 00:59:40 | 00:58:50 |
| 795 | 158 | Nadia | Dunworth | Individual | SW | 00:59:42 | 00:58:52 |
| 796 | 157 | Kerrieanne | Coyle | Individual | SW | 00:59:43 | 00:58:53 |
| 797 | 841 | Liam | grant | Individual | Sm | 00:59:44 | 00:58:31 |
| 798 | 696 | Cormac | Gallen | Individual | SM | 00:59:47 | 00:58:34 |
| 799 | 631 | Louise | Walsh | Individual | SW | 00:59:48 | 00:59:04 |
| 800 | 91 | Lorraine | Tourish | Individual | SW | 00:59:53 | 00:59:35 |
| 801 | 1027 | Sinead | Collins | Finn Valley A.C. | SW | 00:59:53 | 00:59:14 |
| 802 | 71 | Anne Marie | Gibbons | Finn Valley A.C. | SW | 00:59:54 | 00:59:36 |
| 803 | 1084 | Donal | Bonner | Finn Valley A.C. | SM | 00:59:56 | 00:59:43 |
| 804 | 438 | Gearldine | Jackson | Individual | w40 | 00:59:58 | 00:59:29 |
| 805 | 332 | Peter | Watson | Individual | m50 | 01:00:02 | 00:59:30 |
| 806 | 955 | Carmel | Brindle | Letterkenny A.C. | W40 | 01:00:02 | 00:59:37 |
| 807 | 85 | Jeanette | Maguire | Individual | SW | 01:00:03 | 00:58:47 |
| 808 | 465 | Margaret | Mc Connell | Finn Valley A.C. | SW | 01:00:03 | 00:59:27 |
| 809 | 1106 | Elaine | King | Inishowen A.C. | SW | 01:00:03 | 00:59:18 |

| | | | | | | |
|-----|----------------|-------------|--------------------|-----|----------|----------|
| 810 | 209 Emma | Mc laughlin | Individual | SW | 01:00:07 | 00:58:53 |
| 811 | 210 John | Noonan | Individual | SM | 01:00:07 | 00:58:53 |
| 812 | 231 Siobhan | Maher | Inishowen A.C. | SW | 01:00:12 | 00:59:57 |
| 813 | 940 Sarah | Mullis | Individual | SW | 01:00:14 | 00:59:17 |
| 814 | 19 John | Coyle | Individual | m50 | 01:00:19 | 00:59:52 |
| 815 | 729 Eamonn | Roarty | Individual | SM | 01:00:23 | 00:59:32 |
| 816 | 1132 Suzanne | Gallen | Cranford | W40 | 01:00:24 | 00:59:51 |
| 817 | 396 Elaine | Mc Bride | Individual | SW | 01:00:25 | 00:59:21 |
| 818 | 453 Brenda | O' Neill | Individual | sw | 01:00:25 | 00:59:04 |
| 819 | 492 Raymond | Durack | Individual | m45 | 01:00:26 | 00:59:12 |
| 820 | 571 Grainne | Cullen | Letterkenny A.C. | SW | 01:00:27 | 00:59:56 |
| 821 | 859 Frances | Matson | Individual | Sw | 01:00:32 | 00:59:41 |
| 822 | 290 Paul | Mc Monagle | Individual | M40 | 01:00:34 | 00:59:30 |
| 823 | 18 Una | Mc Cotter | Milford A.C. | W40 | 01:00:37 | 00:59:53 |
| 824 | 921 Conor | Harley | Individual | SM | 01:00:43 | 01:00:01 |
| 825 | 122 Anita | Donnelly | Individual | SW | 01:00:47 | 01:00:44 |
| 826 | 725 Keith | Durning | Individual | SM | 01:00:48 | 00:59:39 |
| 827 | 118 John | Mailey | Individual | SM | 01:00:52 | 00:59:44 |
| 828 | 310 James | Sharkey | Individual | M40 | 01:00:53 | 00:59:57 |
| 829 | 247 Louise | Mailey | Individual | SW | 01:00:54 | 00:59:48 |
| 830 | 1114 Denise | Diver | Individual | SW | 01:00:54 | 00:59:54 |
| 831 | 557 Lisa | Mc Monagle | Individual | SW | 01:00:57 | 00:59:59 |
| 832 | 338 Anne | Doherty | Individual | w50 | 01:00:58 | 01:00:21 |
| 833 | 561 Ciara | Johnston | Individual | SW | 01:00:59 | 00:59:48 |
| 834 | 926 Barry | Creagh | Individual | M40 | 01:01:00 | 00:59:44 |
| 835 | 754 Cait | Doherty | Individual | SW | 01:01:01 | 00:59:52 |
| 836 | 1120 Ethna | McLoone | Tirconaille | SW | 01:01:04 | 01:00:11 |
| 837 | 180 Josephine | Gibbons | Individual | SW | 01:01:06 | 00:59:59 |
| 838 | 285 Mary | Doherty | Individual | w45 | 01:01:14 | 01:00:20 |
| 839 | 544 Tommy | Mc Hugh | Lifford A.C. | m50 | 01:01:14 | 01:00:52 |
| 840 | 984 Bernie | Molloy | Individual | SW | 01:01:16 | 01:00:55 |
| 841 | 76 Audrey | Crawford | Finn Valley A.C. | W40 | 01:01:18 | 01:00:18 |
| 842 | 174 Mary | Bonnar | Individual | W45 | 01:01:19 | 01:00:43 |
| 843 | 493 Donna | Thompson | Individual | SW | 01:01:33 | 01:00:21 |
| 844 | 116 Martin | Crawford | Individual | SM | 01:01:34 | 01:00:42 |
| 845 | 399 Patrick | Gallagher | Individual | m50 | 01:01:34 | 01:01:20 |
| 846 | 957 Kokcher | Ang | Individual | SM | 01:01:37 | 01:00:59 |
| 847 | 224 Catriona | Solan | Individual | SW | 01:01:38 | 01:00:52 |
| 848 | 81 Marie | Ryan | Individual | SW | 01:01:39 | 01:01:13 |
| 849 | 744 Katie | Carr | Letterkenny A.C. | SW | 01:01:40 | 01:00:30 |
| 850 | 553 Orla | Redmund | Individual | sw | 01:01:41 | 01:00:53 |
| 851 | 449 Veronica | Dunleavy | Individual | w40 | 01:01:42 | 01:00:56 |
| 852 | 479 Maria | Mc vey | Individual | SW | 01:01:42 | 01:00:34 |
| 853 | 1125 Lisa | McGlynn | Castlefinn | SW | 01:01:42 | 01:01:21 |
| 854 | 741 Shauna | MC Geehan | Letterkenny A.C. | SW | 01:01:43 | 01:00:30 |
| 855 | 949 James | Mc Ginley | Individual | SM | 01:01:44 | 01:00:39 |
| 856 | 720 Pauline | Gallagher | Individual | w50 | 01:01:45 | 01:00:40 |
| 857 | 822 David | Geaney | Individual | M45 | 01:01:45 | 01:01:28 |
| 858 | 971 Annalisa | Mullen | Individual | SW | 01:01:47 | 01:00:54 |
| 859 | 800 Noleen | McDaid | Individual | W40 | 01:01:49 | 01:00:37 |
| 860 | 238 Irene | Mc nulty | Castlefinn Runners | W40 | 01:01:51 | 01:00:39 |
| 861 | 1130 Marg Rose | McGeehan | Individual | SW | 01:01:57 | 01:01:14 |
| 862 | 1111 John | Duffy | Individual | M45 | 01:01:58 | 01:00:56 |
| 863 | 234 Sharon | Leonard | Individual | SW | 01:01:59 | 01:01:00 |

| | | | | | | |
|-----|---------------|-------------|------------------|-----|----------|----------|
| 864 | 849 Maria | gibbons | Individual | W50 | 01:02:09 | 01:00:55 |
| 865 | 808 Paul | Mc Laughlin | Individual | m50 | 01:02:11 | 01:00:46 |
| 866 | 809 Erika | Ryan | Individual | SM | 01:02:11 | 01:00:46 |
| 867 | 65 Emma | Mc Laughlin | Finn Valley A.C. | SW | 01:02:12 | 01:01:26 |
| 868 | 854 emer | Friel | Individual | SW | 01:02:12 | 01:01:12 |
| 869 | 4 John | Curran | Individual | SM | 01:02:13 | 01:01:24 |
| 870 | 652 Sarah | Coll | Individual | SW | 01:02:13 | 01:01:57 |
| 871 | 1 Colm | Mc Daid | Individual | SM | 01:02:14 | 01:01:26 |
| 872 | 28 Tanya | Carson | Individual | SW | 01:02:14 | 01:01:24 |
| 873 | 264 Agnes | Doherty | Individual | W50 | 01:02:16 | 01:01:23 |
| 874 | 21 Marie | Mc Ateer | Individual | SW | 01:02:21 | 01:01:16 |
| 875 | 597 Olivia | Tinney | Individual | SW | 01:02:24 | 01:01:37 |
| 876 | 977 Marjorie | McElroy | Individual | SW | 01:02:26 | 01:01:42 |
| 877 | 1037 Yvonne | McGlynn | Individual | SW | 01:02:26 | 01:01:29 |
| 878 | 250 Pamela | Nelson | Individual | SW | 01:02:27 | 01:01:07 |
| 879 | 609 Lorna | Mc Gettigan | Individual | SW | 01:02:27 | 01:01:43 |
| 880 | 427 Alan | Mailey | Individual | SM | 01:02:33 | 01:01:27 |
| 881 | 946 Fiona | Boyle | Individual | w40 | 01:02:38 | 01:01:40 |
| 882 | 948 Imelda | Boyle | Individual | SW | 01:02:39 | 01:01:40 |
| 883 | 1005 Zara | Herron | Individual | sw | 01:02:43 | 01:02:13 |
| 884 | 407 Kate | Connaghan | Individual | SW | 01:02:48 | 01:01:27 |
| 885 | 168 Declan | Breslin | Individual | M45 | 01:02:50 | 01:01:29 |
| 886 | 328 Andrea | Mc Gowan | Finn Valley A.C. | SW | 01:02:50 | 01:02:26 |
| 887 | 588 Patricia | Jordan | 24/7 | SW | 01:02:55 | 01:02:41 |
| 888 | 454 Natalia | Colmenarejo | Individual | sw | 01:03:00 | 01:01:58 |
| 889 | 877 | | | | 01:03:01 | 01:01:30 |
| 890 | 74 Emma | Bales | Finn Valley A.C. | SW | 01:03:06 | 01:02:17 |
| 891 | 743 Charlotte | Logue | Individual | SW | 01:03:08 | 01:01:41 |
| 892 | 460 Marrion | Callan | Individual | sw | 01:03:11 | 01:02:05 |
| 893 | 677 Grinnia | Mc Elhinney | Individual | sw | 01:03:12 | 01:01:56 |
| 894 | 794 Mary | Devlin | Individual | W45 | 01:03:13 | 01:02:25 |
| 895 | 730 Conor | McPhilemy | Individual | SM | 01:03:19 | 01:02:35 |
| 896 | 347 Rosemary | Bonner | Individual | w50 | 01:03:23 | 01:02:02 |
| 897 | 578 Carol | Gallagher | Milford A.C. | sw | 01:03:23 | 01:02:39 |
| 898 | 678 Frances | Spencer | Individual | SW | 01:03:24 | 01:02:08 |
| 899 | 525 Senan | Crawford | Individual | SM | 01:03:27 | 15:04:59 |
| 900 | 1141 Tina | Page | Individual | SW | 01:03:28 | 01:03:08 |
| 901 | 325 Leon | Shovlin | Individual | SM | 01:03:29 | 01:02:02 |
| 902 | 783 Karen | McKinney | Individual | SW | 01:03:30 | 01:02:20 |
| 903 | 698 Martina | Mc Mahon | Individual | SW | 01:03:31 | 01:03:22 |
| 904 | 456 Alisha | Murray | Individual | sw | 01:03:34 | 01:02:28 |
| 905 | 792 Joan | Naughton | Individual | SW | 01:03:35 | 01:03:13 |
| 906 | 426 Aine | Whoriskey | Individual | SW | 01:03:36 | 01:02:16 |
| 907 | 68 Antoinette | Coyle | Finn Valley A.C. | W50 | 01:03:37 | 01:02:37 |
| 908 | 1002 Dympna | bonnar | Glenties | w40 | 01:03:39 | 01:02:49 |
| 909 | 1003 Patrick | bonnar | Individual | M40 | 01:03:39 | 01:02:48 |
| 910 | 225 Brid | Solan | Individual | SW | 01:03:40 | 01:02:54 |
| 911 | 959 Darina | Ferry | Milford A.C. | W40 | 01:03:40 | 01:03:01 |
| 912 | 39 Frances | Mc Bride | Individual | SW | 01:03:41 | 01:02:45 |
| 913 | 1044 Frances | greene | Individual | SW | 01:03:41 | 01:02:24 |
| 914 | 909 Mairead | Hegarty | Individual | SW | 01:03:42 | 01:03:19 |
| 915 | 817 Michelle | Conroy | Foyle valley | SW | 01:03:46 | 01:03:29 |
| 916 | 545 Jimmy | Harte | Letterkenny A.C. | m50 | 01:03:49 | 01:03:12 |
| 917 | 1147 John | Gildae | Individual | M40 | 01:03:49 | 01:03:10 |

| | | | | | | |
|-----|------------------|-----------------|------------------|-----|----------|----------|
| 918 | 694 Rosaleen | O' Donnell | Individual | SW | 01:03:50 | 01:03:00 |
| 919 | 1148 Sheila | Harney | Individual | SW | 01:03:50 | 01:02:59 |
| 920 | 87 Olivia | Gillen | Individual | SW | 01:03:52 | 01:03:41 |
| 921 | 1017 Siobhan | Barrett-Doherty | Individual | SW | 01:03:52 | 01:02:54 |
| 922 | 401 Roisin | Mitchell | Glen Runners | SW | 01:03:53 | 01:02:58 |
| 923 | 1096 Lorna | O'Donnell | Individual | W45 | 01:03:53 | 01:02:58 |
| 924 | 40 Claire | Mc Bride | Individual | SW | 01:04:00 | 01:03:04 |
| 925 | 289 Jeh | Buckley | Individual | M40 | 01:04:00 | 01:03:24 |
| 926 | 576 Trevor | Russell | Individual | M40 | 01:04:02 | 01:03:45 |
| 927 | 856 Jacqueline | Friel | Individual | Sw | 01:04:02 | 01:02:55 |
| 928 | 69 Mary | Byrne | Finn Valley A.C. | W40 | 01:04:05 | 01:03:03 |
| 929 | 563 Stephen | Maguire | Individual | M40 | 01:04:14 | 01:03:36 |
| 930 | 713 Teresa | Coll | Individual | Sw | 01:04:14 | 01:03:07 |
| 931 | 787 Simon | Toland | Individual | SM | 01:04:18 | 01:02:49 |
| 932 | 788 Katarina | Peskova | Individual | SW | 01:04:18 | 01:02:49 |
| 933 | 496 Karen | Patterson | Individual | w50 | 01:04:21 | 01:03:21 |
| 934 | 625 Rosemary | Boggs | Lifford A.C. | w40 | 01:04:22 | 01:03:34 |
| 935 | 619 Sonya | Gallagher | Individual | SW | 01:04:34 | 01:04:20 |
| 936 | 299 Diane | Mc Garrigle | Finn Valley A.C. | SW | 01:04:35 | 01:03:48 |
| 937 | 739 Ian | Conor | Individual | SM | 01:04:38 | 01:03:18 |
| 938 | 740 Fabian | Gibbon | Individual | SM | 01:04:38 | 01:03:18 |
| 939 | 573 Lionie | Craig | Individual | sw | 01:04:43 | 01:03:48 |
| 940 | 82 Marie | Gallagher | Finn Valley A.C. | SW | 01:04:44 | 01:04:08 |
| 941 | 638 Lisa | Doherty | Individual | SW | 01:04:48 | 01:04:17 |
| 942 | 393 Roberta | Mc Dowell | Individual | w50 | 01:04:50 | 01:03:36 |
| 943 | 635 Karen | Doherty | Inishowen A.C. | SW | 01:04:51 | 01:04:20 |
| 944 | 109 Avril | Larkin | Individual | W45 | 01:04:53 | 01:04:06 |
| 945 | 25 Michelle | Morrison | Individual | SW | 01:05:00 | 01:04:15 |
| 946 | 147 Claire | Gildea | Individual | SW | 01:05:00 | 01:04:15 |
| 947 | 1082 Michelle | Maree | Individual | SW | 01:05:00 | 01:04:10 |
| 948 | 323 James | Greene | Individual | SM | 01:05:03 | 01:04:13 |
| 949 | 1142 Paul | Houston | Individual | SM | 01:05:11 | 01:04:50 |
| 950 | 1058 Ann | Graham | Individual | SW | 01:05:15 | 01:03:54 |
| 951 | 1059 Jane | Boyd | Individual | SW | 01:05:15 | 01:03:53 |
| 952 | 1055 Louise | Duddy | Individual | SW | 01:05:25 | 01:04:42 |
| 953 | 1004 Victoria | Wray | Finn Valley A.C. | SW | 01:05:27 | 01:04:58 |
| 954 | 92 Mary Ellen | Friel | Individual | SW | 01:05:33 | 01:04:14 |
| 955 | 707 Marina | Zoric | Individual | SW | 01:05:34 | 01:05:22 |
| 956 | 1048 Moria | greene | Individual | W45 | 01:05:35 | 01:04:33 |
| 957 | 1049 Sharon | Wallace | Individual | SW | 01:05:35 | 01:04:34 |
| 958 | 244 Geraldine | Hunter | Individual | SW | 01:05:53 | 01:04:46 |
| 959 | 572 Marie Claire | Van Zundert | Individual | sw | 01:05:53 | 01:04:59 |
| 960 | 315 Sarah | Mc Carron | Individual | SW | 01:05:54 | 01:04:48 |
| 961 | 115 Linda | Devine | Individual | SW | 01:05:55 | 01:05:52 |
| 962 | 790 Annette | Duddy | Individual | W45 | 01:05:56 | 01:05:14 |
| 963 | 52 Rosanna | Byrne | Individual | SW | 01:05:59 | 01:05:32 |
| 964 | 342 Trevor | Kilpatrick | Individual | SM | 01:05:59 | 01:04:35 |
| 965 | 394 Petra | Hanlon | Individual | SW | 01:06:02 | 01:04:47 |
| 966 | 1046 Helenaa | kenny | Individual | W40 | 01:06:02 | 01:05:04 |
| 967 | 252 Leonie | Gallagher | Individual | SW | 01:06:03 | 01:05:59 |
| 968 | 1134 Siobhan | Duddy | Individual | SW | 01:06:04 | 01:05:22 |
| 969 | 102 Mary Jo | Kingston | Individual | SW | 01:06:09 | 01:04:53 |
| 970 | 141 Devina | Russell | Finn Valley A.C. | SW | 01:06:10 | 01:04:45 |
| 971 | 607 Melissa | Hanlon | Individual | SW | 01:06:11 | 01:05:45 |

| | | | | | | |
|------|----------------|-------------|--------------------|-----|----------|----------|
| 972 | 59 Lisa | Mc Glinchey | Castlefinn Runners | W40 | 01:06:12 | 01:05:01 |
| 973 | 284 Kerrieanne | Mc Elhinney | Individual | SW | 01:06:12 | 01:05:07 |
| 974 | 58 Julie | Mc Namee | Castlefinn Runners | SW | 01:06:16 | 01:05:05 |
| 975 | 765 John | Devenney | Individual | M40 | 01:06:18 | 01:06:10 |
| 976 | 527 Terrie | Mc Gettigan | Individual | SW | 01:06:29 | 01:05:46 |
| 977 | 528 Ciara | Mc Gettigan | Individual | SW | 01:06:29 | 01:05:45 |
| 978 | 56 Eunan | Mc Bride | Letterkenny A.C. | M50 | 01:06:32 | 01:05:26 |
| 979 | 57 Majella | Mc Bride | Individual | W45 | 01:06:32 | 01:05:28 |
| 980 | 714 Bill | Vaughan | Individual | m45 | 01:06:32 | 01:05:25 |
| 981 | 72 Karina | Mc Menamin | Finn Valley A.C. | SW | 01:06:37 | 01:05:58 |
| 982 | 968 Sarah | Nern | Individual | SW | 01:06:38 | 01:05:23 |
| 983 | 969 David | Alan | Individual | SM | 01:06:38 | 01:05:22 |
| 984 | 336 Brenda | Doherty | Individual | SW | 01:06:42 | 01:05:25 |
| 985 | 324 James | Lafferty | Individual | SM | 01:06:46 | 01:05:18 |
| 986 | 222 Linda | Sweeney | Letterkenny A.C. | SW | 01:06:49 | 01:06:00 |
| 987 | 1056 Patricia | Sharkey | Individual | W50 | 01:06:52 | 01:06:20 |
| 988 | 699 Louise | Masterson | Individual | SW | 01:07:00 | 01:06:48 |
| 989 | 975 Aslan | Noor | Individual | SM | 01:07:03 | 01:06:22 |
| 990 | 133 Nuala | Lenahan | Individual | SW | 01:07:06 | 01:06:19 |
| 991 | 134 Pauline | Toner | Individual | SW | 01:07:06 | 01:06:18 |
| 992 | 170 Mairead | Feeney | Individual | SW | 01:07:08 | 01:06:16 |
| 993 | 1104 Kevin | McHugh | Finn Valley A.C. | M50 | 01:07:17 | 01:06:09 |
| 994 | 287 Josephine | Gallagher | Individual | w40 | 01:07:18 | 01:05:59 |
| 995 | 169 Marnie | Duffy | Individual | SW | 01:07:20 | 01:06:28 |
| 996 | 963 Karen | Porter | Individual | SW | 01:07:28 | 01:06:18 |
| 997 | 964 John | Porter | Individual | SM | 01:07:28 | 01:06:18 |
| 998 | 842 brid | Mc Hugh | Individual | | 01:07:34 | 01:06:24 |
| 999 | 843 Marion | Mc Shane | Individual | SW | 01:07:34 | 01:06:25 |
| 1000 | 697 John | Doherty | Individual | SM | 01:07:58 | 01:06:35 |
| 1001 | 255 Bridgeen | Gallen | Individual | SW | 01:08:06 | 01:07:26 |
| 1002 | 104 Croan | Regan | Individual | SW | 01:08:20 | 01:06:57 |
| 1003 | 1143 Aisling | Kelly | Individual | SW | 01:08:21 | 01:08:02 |
| 1004 | 300 Amanda | Witherow | Finn Valley A.C. | SW | 01:08:23 | 01:07:36 |
| 1005 | 1138 Kathleen | ODonnell | Individual | SW | 01:08:36 | 01:08:30 |
| 1006 | 826 Madeline | Redmond | Inishowen A.C. | W45 | 01:08:41 | 01:08:27 |
| 1007 | 733 Martina | McBrearty | Individual | W50 | 01:08:42 | 01:07:51 |
| 1008 | 529 Aoife | Mac Laverty | Individual | w40 | 01:08:46 | 01:07:38 |
| 1009 | 530 Eimear | O' Hara | Individual | SW | 01:08:47 | 01:07:38 |
| 1010 | 608 Marie | Lavelle | Individual | w40 | 01:08:55 | 01:08:32 |
| 1011 | 14 Noreen | Lynch | Individual | SW | 01:09:01 | 01:07:48 |
| 1012 | 758 Elaine | Coleman | Individual | SW | 01:09:08 | 01:08:09 |
| 1013 | 286 Bernie | O' Donnell | Individual | w45 | 01:09:16 | 01:07:57 |
| 1014 | 375 Laura | Neilson | Individual | SW | 01:09:16 | 01:08:02 |
| 1015 | 93 Bernie | Mc Veigh | Individual | SW | 01:09:30 | 01:08:09 |
| 1016 | 533 Rory | O' Brien | Individual | SM | 01:09:56 | 01:09:18 |
| 1017 | 954 Veronica | Mc Ginley | Individual | W45 | 01:10:20 | 01:08:55 |
| 1018 | 521 Aine | Tinney | Individual | SW | 01:10:30 | 01:10:04 |
| 1019 | 1042 Kevin | Russell | Individual | SM | 01:10:30 | 01:10:01 |
| 1020 | 750 Rosemarie | Doherty | Individual | SW | 01:10:32 | 01:09:25 |
| 1021 | 575 Maria | Logue | Individual | sw | 01:10:39 | 01:10:08 |
| 1022 | 659 Maria | Murray | Individual | SW | 01:10:39 | 15:12:11 |
| 1023 | 763 Leanne | Sharkey | Rosses AC | SW | 01:10:41 | 01:09:27 |
| 1024 | 916 Orla | McNulty | Individual | SW | 01:10:58 | 01:09:34 |
| 1025 | 494 Cartherine | Heraghty | Individual | SW | 01:11:02 | 01:09:54 |

| | | | | | | |
|------|----------------|------------|------------------|-----|----------|----------|
| 1026 | 110 Karen | Cassidy | Individual | SW | 01:11:30 | 01:10:04 |
| 1027 | 1090 Patricia | Lucas | Individual | SW | 01:11:45 | 01:10:45 |
| 1028 | 298 Sarah | Doherty | Individual | SW | 01:11:53 | 01:10:48 |
| 1029 | 598 Caroline | Campbell | Individual | SW | 01:11:53 | 01:10:30 |
| 1030 | 599 Shauna | Conle | Individual | SW | 01:11:55 | 01:10:32 |
| 1031 | 358 Adele | Doherty | Individual | SW | 01:12:06 | 01:11:16 |
| 1032 | 523 Ryan | Lockhart | Individual | SM | 01:12:10 | 15:13:42 |
| 1033 | 983 Laura | mc Namee | Individual | | 01:12:23 | 01:11:12 |
| 1034 | 512 Rose | Crampsie | Individual | w45 | 01:12:27 | 01:11:48 |
| 1035 | 409 Karina | Gildea | Individual | SW | 01:12:28 | 01:11:08 |
| 1036 | 362 John | Watson | Individual | M40 | 01:12:29 | 01:10:59 |
| 1037 | 755 Sarah | Yoalingam | Individual | SW | 01:12:31 | 01:11:52 |
| 1038 | 642 Mary | Duddy | Individual | SW | 01:12:35 | 01:11:15 |
| 1039 | 1139 Darleen | McMonagle | Individual | SW | 01:12:35 | 01:12:25 |
| 1040 | 378 Stephen | Mc Farland | Individual | M40 | 01:12:36 | 01:11:27 |
| 1041 | 1113 Kerrie | Deery | Individual | SW | 01:12:39 | 01:11:14 |
| 1042 | 1124 Bernie | Brennan | Individual | W40 | 01:12:43 | 01:12:13 |
| 1043 | 904 AmyRose | Harte | Individual | SW | 01:13:17 | 01:12:01 |
| 1044 | 319 Lillian | Lee | Individual | w40 | 01:13:21 | 01:12:31 |
| 1045 | 1128 Denise | Kerr | Individual | SW | 01:13:51 | 01:12:33 |
| 1046 | 235 Eva | Mc Closkey | Individual | SW | 01:14:28 | 01:13:30 |
| 1047 | 1083 Graham | Maree | Individual | SM | 01:14:29 | 01:13:38 |
| 1048 | 173 Annmarie | Shiels | Individual | SW | 01:14:30 | 01:13:47 |
| 1049 | 1153 Nicola | McKinley | Individual | SW | 01:14:51 | 15:16:23 |
| 1050 | 1145 Hugh | McDaid | Individual | | 01:14:55 | 01:14:01 |
| 1051 | 917 Niamh | Walsh | Individual | SW | 01:15:03 | 01:13:39 |
| 1052 | 831 Katarzyna | Krzemiec | Individual | SW | 01:15:06 | 01:13:51 |
| 1053 | 415 Denise | Mc Elwaine | Finn Valley A.C. | SW | 01:15:12 | 01:15:06 |
| 1054 | 274 Martina | Callaghan | Individual | SW | 01:15:27 | 01:15:14 |
| 1055 | 912 Anita | McLaughlin | Individual | SW | 01:15:41 | 01:15:35 |
| 1056 | 646 Aoife | Mc Dermott | Individual | sw | 01:15:47 | 01:14:29 |
| 1057 | 906 Pat | Doohan | Individual | M50 | 01:15:59 | 01:15:16 |
| 1058 | 958 Catherine | Mc Glade | Individual | W50 | 01:16:05 | 01:14:39 |
| 1059 | 748 Aoibhinn | Boyd | Individual | SW | 01:16:23 | 01:15:07 |
| 1060 | 624 Michelle | Houston | Lifford A.C. | sw | 01:17:09 | 01:16:19 |
| 1061 | 1087 Maura | Gardiner | Individual | W45 | 01:17:13 | 01:16:02 |
| 1062 | 176 Rachel | Callaghan | Individual | w40 | 01:17:36 | 01:16:42 |
| 1063 | 154 | | | | 01:17:43 | 15:19:15 |
| 1064 | 605 Tina | Patton | Individual | w40 | 01:17:53 | 01:16:34 |
| 1065 | 606 Antoin | Patton | Individual | SM | 01:17:53 | 01:16:34 |
| 1066 | 1034 Ryan | Toye | Individual | SM | 01:18:32 | 01:18:03 |
| 1067 | 717 Catherine | Bonar | Individual | SW | 01:20:29 | 01:19:37 |
| 1068 | 998 Ciara | Doherty | Individual | SW | 01:20:32 | 01:19:11 |
| 1069 | 651 Jacqueline | Mc Groddy | Individual | SW | 01:21:02 | 01:19:51 |
| 1070 | 654 Caroline | Mc Groddy | Individual | w40 | 01:21:03 | 01:19:51 |
| 1071 | 434 Rachel | Carr | Individual | SW | 01:22:29 | 01:21:19 |
| 1072 | 435 Martin | Gallagher | Individual | SM | 01:22:29 | 01:21:18 |
| 1073 | 761 Kathleen | Gallagher | Individual | SW | 01:23:15 | 01:22:07 |
| 1074 | 241 Nicola | Grey | Individual | SW | 01:24:49 | 15:26:21 |
| 1075 | 770 Breda | Mulgrew | Individual | W50 | 01:24:56 | 15:26:28 |
| 1076 | 236 Tara | Mc Grath | Individual | SW | 01:24:57 | 01:23:59 |
| 1077 | 297 Aoife | Mullan | Individual | SW | 01:25:33 | 01:24:26 |
| 1078 | 937 Mark | Connolly | Individual | SM | 01:26:05 | 01:24:43 |
| 1079 | 710 Anne | Maloney | Individual | sw | 01:28:28 | 15:30:00 |