

TÍR CHONAILL ATHLETICS CLUB SUMMER CAMP 2014

FIVE DAYS OF FUN
JUNE 30TH TO JULY 4TH INCLUSIVE
For Ages 5 - 14

Closing Date for Camp
Applications is Thursday
26th June

Tír Chonaille Athletics Club grew from three thriving juvenile clubs that existed in Donegal Town, Ballyshannon and Bundoran in the 1970's.

Tír Chonaille Athletics Club is a club with an open door policy, where you will be greeted with a warm welcome from friendly, courteous and experienced members and qualified coaches. Coaches who believe that everyone is capable of achieving their goals, regardless of age or fitness levels, and who strive towards this end in a friendly, supportive and safe environment. The club caters for athletes from 8 years old upwards, the oldest member being 68 years of age and for Juveniles, Seniors, Masters, Joggers, Walkers, Tri-Athletes and Fit4Life covering such events as Track & Field Athletics, Road Running, Cross-Country Running, Triathlon, Walking and Hiking.

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ABOUT THE CAMP

The camp is part of the Tír Chonaille Athletics Club summer programme and provides a fun, structured environment in which children aged five through to fifteen can socialise, make friends through the FUNdamentals of Sport.

The camp is situated in the grounds of the Abbey Vocational School.

Lunch Breaks are Supervised.

Qualified personnel including a Child Protection Officer.

End of camp tournament.

SAMPLE ACTIVITIES

Volleyball, Badminton, Football, Basketball, Sportshall, Tag Rugby, Dodge Ball, Gymnastics, Dancing, Quiz, Art & Crafts, Circle Games, Athletics, Olympic Trampoline, Wet-weather activities (if required).

AT FEES YOU CAN AFFORD

One family member €55
Two family members €95
Three family members € 135

WHAT YOU NEED TO BRING

If it's warm Sun Screen, snacks and lots of water. If it's cold and wet, a coat, snacks and lots of water.

WHERE DO I SEND MY APPLICATION

Just drop your completed application and cheque, money order or even cash into any Cara Pharmacy in Donegal Town or into All Sports on Quay Street Donegal Town.

TERMS AND CONDITIONS

Places are limited. While club leaders will take all reasonable action to ensure the safety and well being of the children, we cannot be held responsible for damages, injuries or loss of possessions and parents/guardians are advised to obtain personal insurance for these occurrences. Misbehavior and/or continual breach of camp rules will result in the participant being suspended from the camp and no refund being given. Children attending camp should not be left unsupervised at camp venue until the official coaches are present. Children must be collected promptly at 2:00pm.

Camp Director: Jacqui Harvey

074 97 21578
086 4052823

www.tirchonailac.com

Call 086 4052823

APPLICATION

1st Child Name:

Age:

Medical Condition:

4th Child Name:

Age:

Medical Condition:

Telephone:

Emergency Number:

Address:

2nd Child Name:

Age:

Medical Condition:

E:mail:

3rd Child Name:

Age:

Medical Condition:

Signature:

Print Name:
