

FVAC Spring Series 5k 9th Feb

Place	Race No.	Time	FirstName	Surname	Category	Club
1	94	16.33	Paul	Leck	SM	Finn Valley A C
2	262	16.47	Gavin	Crawford	SM	24/7 Triathlon
3	39	17.17	Adam	Freil	SM	Letterkenny A
4	216	17.31	Darren	McGlinchey	SM	Finn Valley A C
5	203	17.42	Seamus	O'Donnell	SM	Convoy
6	270	18.00	Raymond	Birch	SM	Letterkenny A
7	343	18.03	Paddy	Penrose	SM	Finn Valley A C
8	160	18.45	Matthew	McLaughlin	SM	Foyle Valley
9	53	18.49	Catriona	Devine	SW	Finn Valley A C
10	159	18.55	Michael	McGowan	SM	Foyle Valley
11	251	19.15	Jimmy	Renfrew	SM	Individual
12	257	19.26	Patrick	McConigley	JM	Individual
13	206	19.30	Vincent	McPartland	SM	Individual
14	200	19.37	Michael	Burke	SM	Individual
15	20	19.39	Craig	Phair	SM	Individual
16	282	19.50	Michael	Penrose	SM	Finn Valley A C
17	350	19.55	Paddy	Costello	SM	Individual
18	187	20.01	Colm	McElwaine	SM	Individual
19	256	20.07	James	McCahill	JM	Individual
20	250	20.08	Eugene	Gallen	SM	Individual
21	235	20.12	Peter	McMenamin	SM	Individual
22	252	20.17	Alan	Caterson	SM	Finn Valley A C
23	43	20.18	Derek	Callaghan	SM	Finn Valley A C
24	218	20.20	Pauric	McDyer	SM	Individual
25	116	20.21	Richie	Duncan	SM	Castlefinn R
26	260	20.29	John	McFadden	SM	Individual
27	161	20.32	Niall	Gildea	SM	Individual
28	208	20.35	Terry	McFadden	SM	Milford A C
29	195	20.46	Drew	Doherty	SM	Individual
30	170	20.48	Michael	Gallagher	SM	Individual
31	202	20.51	Adrian	McHugh	SM	Individual
32	223	20.55	Barry	Gallagher	SM	Individual
33	273	20.58	Aaron	O'Hagan	SM	Individual
34	1	21.00	Martin	Anderson	M40	Finn Valley A C
35	191	21.11	Doc	Doherty	M45	Finn Valley A C
36	240	21.11	Patrick	McNamee	SM	Individual
37	197	21.11	Paul	Whelan	SW	Finn Valley A C
38	51	21.13	Eimear	McDermott	W40	Finn Valley A C
39	193	21.20	Barry	Chambers	SM	Individual
40	299	21.23	Michael	Maguire	SM	Individual
41	239	21.25	terry	McDevitt	SM	Individual
42	163	21.27	Andy	Scanlon	SM	Finn Valley A C

43	155	21.27	Adrian	Gill	SM	Individual
44	268	21.30	Anthony	Kelly	SM	Individual
45	219	21.31	Rodney	Irwin	SM	Individual
46	321	21.35	Eilish	Patton	SW	Finn Valley A C
47	348	21.38	Gavin	Harris	SM	Convoy
48	19	21.40	Duane	Long	SM	Finn Valley A C
49	292	21.43	Mark	McCafferty	SM	Finn Valley A C
50	21	21.44	Tony	Gallagher	SM	Individual
51	207	21.49	Gary	Neally	SM	Individual
52	243	21.53	Patrick	Brennan	SM	Individual
53	263	21.54	Paul	Ferns	SM	Individual
54	317	21.57	Tim	McLaughlin	SM	Individual
55	271	21.58	Damien	Patton	SM	Individual
56	241	22.00	Eamon	Connolly	SM	Individual
57	272	22.07	Garvin	Boyce	SM	Individual
58	186	22.10	Patick	Carr	SM	Individual
59	119	22.12	Adrian	Devine	SM	Castlefinn
60	23	22.14	Ashlean	McGeehan	SW	Finn Valley A C
61	167	22.20	Sean	O'Donnell	M50	Lifford A C
62	106	22.21	Kevin	Greenan	SM	Unattached
63	306	22.26	Declan	Carlin	SM	Finn Valley A C
64	201	22.26	Colm	Cleary	SM	Individual
65	259	22.30	Karl	Sweeney	SM	Individual
66	274	22.33	Anthony	O'Hagan	SM	Individual
67	288	22.34	Colin	Mooney	SM	Individual
68	351	22.35	Thomas	Maguire	SM	Individual
69	22	22.37	Caroline	McNulty	SW	Finn Valley A C
70	177	22.38	James	Stevenson	SM	Individual
71	308	22.40	Mickey	Flyod	SM	Individual
72	247	22.42	Christopher	Gallagher	SM	Individual
73	211	22.44	Isacc	McLaughlin	SM	FVLC Begin to
74	285	22.50	James	Maguire	SM	Finn Valley A C
75	303	22.55	Brian	Westman	SM	Individual
76	231	22.57	Stephen	Stewart	SM	Individual
77	298	22.57	Gerry	Maguire	SM	Individual
78	41	23.08	Carl	Houston	SM	Castlefinn
79	224	23.09	Shaun	McGlynn	SM	Individual
80	320	23.10	Brian	Patton	SM	Finn Valley A C
81	284	23.11	Emmett	O'Donnell	SM	Individual
82	301	23.13	Noel	Moore	SM	Individual
83	305	23.14	Sean	Toner	SM	Convoy
84	244	23.18	Jason	Regan	SM	Individual
85	261	23.19	Edel	McGlynn	SW	Finn Valley A C
86	300	23.22	Gareth	Doherty	SM	Individual
87	66	23.27	Noel	Duffy	M35	Individual
88	324	23.34	Andrew	McCollum	SM	Individual

89	171	23.36	Cronan	Scanlon	SM	Finn Valley A C
90	24	23.49	Evelyn	McGeehan	SW	Finn Valley A C
91	61	23.51	Joanne	Campbell	SW	Finn Valley A C
92	225	23.51	Richard	Sleigh	SM	Individual
93	118	24.04	Eugene	Boyle	M40	Castlefinn
94	100	24.22	Eamonn	Diver	SM	Individual
95	345	24.28	Ciaran	Murphy	SM	FVLC Begin to
96	283	24.32	PJ	McMenamin	SM	Individual
97	258	24.33	Brian	Doherty	SM	Individual
98	296	24.33	Darrell	Maguire	SM	Finn Valley A C
99	110	24.34	Caroline	McGuire	W40	Finn Valley A C
100	117	24.39	Joey	O'Leary	M40	Castlefinn
101	32	24.44	Goretti	Marley	SW	Finn Valley A C
102	157	24.53	Ryan	Galvin	JM	Finn Valley A C
103	309	24.54	Mark	Gildea	SM	Individual
104	199	24.55	Emma	Bates	SW	Finn Valley A C
105	209	25.02	Paul	Gallen	SM	Individual
106	145	25.07	Lisa	McGlynn	SW	Castlefinn
107	141	25.10	Sinead	McMenamin Collins	SW	Castlefinn
108	109	25.14	Denis	McGill	SM	Individual
109	130	25.16	Marcella	McBride	SW	Castlefinn
110	312	25.20	Ben	McLaren	JM	North
111	144	25.29	Amanda	McBrearty	SW	Castlefinn
112	178	25.33	Ryan	Gallagher	JM	Finn Valley A C
113	183	25.45	Angela	McNamee	SW	Individual
114	9	25.45	David	Devlin	SM	Individual
115	307	25.45	Emma	Lawne	SW	Individual
116	26	25.45	Diane	Gallagher	SW	Finn Valley A C
117	72	25.47	Simon	McDevitt	SM	Individual
118	42	25.48	Dónal	Bonner	SM	Finn Valley A C
119	168	25.50	Martin	Langan	M40	Individual
120	325	25.51	Christopher	Diver	SM	Individual
121	25	25.54	Frances	Wilson	SW	Finn Valley A C
122	162	25.54	John	Wilson	SM	Individual
123	228	25.56	Eileen	Morning	SW	Individual
124	33	25.56	Mary	Martin	SW	Finn Valley A C
125	281	25.57	Tina	McHugh	SW	Individual
126	221	26.16	Aine	McElchar	SW	Individual
127	131	26.18	Laura	Whiteduncan	SW	Castlefinn
128	323	26.20	George	Staniewski	SM	Individual
129	236	26.22	Josh	McMenamin	JM	Individual
130	254	26.24	Alan	Mailey	SM	Convoy
131	310	26.25	Shannon	McElhill	JW	North
132	226	26.29	Jack	Marley	JM	Individual
133	184	26.32	Sean	McMenamin	SM	Individual
134	314	26.42	Zoe	McClanchon	JW	North

135	2	26.43	Martina	McDermot	SW	Individual
136	289	26.47	Jane	Thompson	SW	North
137	115	26.49	Gaynor	Hindley	SW	Individual
138	322	26.54	Mark	Hiden	SM	Individual
139	302	26.54	Owen	Gallinagh	SM	Individual
140	230	27.09	Callan	Lafferty	JM	Individual
141	59	27.09	Kerri	Rowan	SW	Finn Valley A C
142	190	27.15	Paula	Jansen	SW	Finn Valley A C
143	304	27.15	Tanya	Carson	SW	Individual
144	287	27.21	Lorraine	Duffy	SW	Individual
145	267	27.22	Brendan	Martin	SM	Individual
146	180	27.24	Catherine	McDevitt	SW	Individual
147	132	27.34	Natasha	White	SW	Castlefinn
148	165	27.34	Aaron	Beecroft	SM	Individual
149	166	27.38	Darren	Beecroft	SM	Individual
150	279	27.46	Elaine	Parke	SW	Individual
151	189	27.47	Clement	Clarke	SM	Lifford A C
152	30	27.51	Antonette	Coyle	SW	Finn Valley A C
153	179	27.55	Clara	Carroll	SW	Individual
154	185	27.56	Maria	Carberry	SW	Individual
155	295	27.58	Margaret	Doherty	SW	Individual
156	143	27.59	Julie	McNamee	SW	Castlefinn
157	142	28.00	Lisa	McGlinchey	SW	Castlefinn
158	294	28.03	Lisa	McMonagle	SW	Raphoe
159	154	28.07	Lynne	Parke	SW	Convoy
160	232	28.09	Janet	Harper	SW	Individual
161	222	28.10	John	Magee	SM	Individual
162	48	28.14	Aiden	Gallen	JM	Individual
163	188	28.15	Paul	Finn	SM	Finn Valley A C
164	276	28.15	David	Connors	SM	Individual
165	269	28.15	Dermot	Kilpatrick	SM	Individual
166	27	28.18	Debbie	Campbell	SW	Finn Valley A C
167	277	28.33	Damien	Lynch	SM	Individual
168	275	28.36	James	McGinley	SM	Individual
169	315	28.38	Martina	Conway	SW	Individual
170	291	28.38	Jonathon	Mitchell	SM	FVLC Begin to
171	246	28.41	Anthony	Gallagher	SM	Individual
172	44	28.44	AnneMarie	Reynolds	SW	Individual
173	194	28.49	Charlotte	O'Connell	SW	Individual
174	297	28.49	Niamh	McFadden	SW	Individual
175	123	28.50	Corina	Catterson Flynn	SW	Castlefinn
176	124	28.59	Mary	McGranaghan	W40	Castlefinn
177	134	29.09	Paulette	O'Leary	SW	Castlefinn
178	278	29.13	Fiona	Henderson	SW	Individual

179	74	29.15	Miriam	O'Donnell	SW	Individual
180	71	29.19	Kay	Bonner	SW	Convoy
181	121	29.21	Mick	Flynn	SM	Castlefinn
182	220	29.23	Ian	Crawford	SM	Individual
183	319	29.23	John	Conaghan	SM	Individual
184	255	29.29	Hannah	McCloy	SW	Individual
185	111	29.33	Cathal	McGuire	JM	Finn Valley A C
186	352	29.34	Madge	Toye	SW	Individual
187	237	29.37	Maire	Gallagher	SW	Finn Valley A C
188	204	29.38	Martina	Grant	SW	Convoy
189	253	29.39	Jason	Peoples	SM	Individual
190	97	29.41	Diana	McGarrigle	SW	Finn Valley A C
191	95	29.50	Caroline	Britton	SW	Petigoe
192	234	29.53	Michelle	McMenamin	SW	Individual
193	205	29.57	Avril	Larkin	SW	Individual
194	138	29.58	Andriena	McGlinchey	SW	Castlefinn
195	151	30.05	Tracey	Matthewson	SW	Castlefinn
196	140	30.06	Loretta	McNulty	SW	Castlefinn
197	245	30.06	Kevin	McHugh	SM	Finn Valley A C
198	192	30.08	Louise	Dowling	SW	Individual
199	146	30.19	Fionnuala	McBride	SW	Castlefinn
200	63	30.40	Reece	Furey Brogan	JM	Individual
201	169	30.50	Eamon	Lanagn	M40	Individual
202	67	30.52	Marie	Duffy	SW	Individual
203	107	30.56	Jacqueline	Monaghan	SW	Petigoe
204	242	31.01	Hugo	Maguire	SM	Individual
205	114	31.11	Loretta	Devenney	SW	Individual
206	172	31.18	Wendy	Scanlon	SW	Individual
207	164	31.44	Christine	Gallen	SW	Finn Valley A C
208	105	31.53	Giles	Gilchrist	SM	Individual
209	214	31.59	Finn	McLaughlin	SM	FVLC Begin to
210	266	32.10	Anne	McElchar	SW	Individual
211	229	32.36	Louise	Doherty	SW	Individual
212	101	32.37	Susan	Doherty	SW	Finn Valley A C
213	210	32.44	Helen	Logue	SW	FVLC Begin to
214	52	32.47	Karen	Smith	SW	Individual
215	139	32.51	Donna	Curran	SW	Castlefinn
216	122	33.04	Declan	Lynch	M40	Castlefinn
217	54	33.16	Ezarah	Doherty	SW	Individual
218	125	33.39	Emma	Conaghan	SW	Castlefinn
219	293	33.46	Meave	Gilligan	SW	FVLC Begin to
220	248	33.46	Betty	Gallen	SW	Finn Valley A C
221	238	34.05	Teresa	McMenamin	SW	Finn Valley A C
222	182	34.06	Heather	Montgomery	SW	Individual

223	264	34.10	Christina	Patton	SW	Individual
224	290	34.11	Megan	Thompson	SW	North
225	227	34.14	Daniel	Marley	JM	Individual
226	56	34.15	Selina	Russell	SW	Finn Valley A C
227	156	34.22	EveAnne	McCarron	SW	Raphoe
228	217	34.30	Sinead	Kelly	SW	Raphoe
229	50	35.04	Karen	Gallen	JW	Individual
230	62	35.05	Mary	Furey	SW	Finn Valley A C
231	70	35.06	Catherine	Finn	SW	Individual
232	68	35.24	Richard	Flynn	SM	Individual
233	318	35.24	Angela	McLaughlin	SW	Individual
234	46	35.45	Caoimhe	O'Deorain	JW	Individual
235	47	36.01	Frank	O'Deorain	SM	Individual
236	286	36.06	Mary	Penrose	SW	Finn Valley A C
237	213	36.18	Niall	Brady Devenny	JM	FVLC Begin to
238	212	36.22	Cahir	Brady Devenny	JM	FVLC Begin to
239	99	36.28	Jacqueline	Cadger	SW	Individual
240	128	36.28	Louise	Ferry	W45	Castlefinn
241	196	36.42	Noreen	Whelan	SW	FVLC Begin to
242	198	36.42	Teresa	Brown	SW	Individual
243	313	37.40	Becky	McClaughry	SW	North
244	311	37.41	Karen	McLaren	SW	North
245	341	37.50	Maoliosa	McCabe	SW	Individual
246	149	37.54	Rachel	Leeper	SW	Castlefinn
247	133	38.02	Linda	Catterson	SW	Castlefinn
248	135	38.26	Nicole	McConnell	SW	Castlefinn
249	215	38.38	Annette	Gildea	SW	FVLC Begin to
250	181	40.05	Amanda	Duffy	SW	Individual
251	126	41.04	Marie	Lynch	SW	Castlefinn
252	176	41.07	Angela	McHugh	SW	Lifford A C
253	233	41.08	Joan	McHugh	SW	Lifford A C
254	174	41.08	Allsion	Johnson	SW	Convoy
255	175	41.08	Debragh	Coyle	SW	Individual
256	173	41.08	Olivia	Gillen	SW	Convoy
257	349	42.47	Patricia	O'Brien	SW	Finn Valley A C
258	49	43.18	Liz	Gallen	SW	Individual
259	137	43.35	Rachelle	Catterson	SW	Castlefinn
260	148	44.08	Diane	Leeper	SW	Castlefinn
261	344	46.54	Pamela	Doherty	SW	Individual
262	340	47.21	Caoilfhinn	McCabe	SM	Individual
263	342	47.21	Caroline	McCabe	SW	Individual
264	280	47.43	Geraldine	McGonagle	SW	Individual

Total Runners: 264