

Glen Duathlon Carrigart

Saturday 4th April 2015

By Shaun Logue

The 2015 Glen Duathlon was held at the Glen Valley Off Road Centre in Glen, Carrigart on Saturday 4th April with an interesting array of athletes, from 'The Race' winner to a selection of national level triathletes and duathletes, to Mt Everest Climber, runners giving the cycle 'a go' to the cyclist giving the running 'a go', youths, ladies and everyone else in between.

The real winner on the day was the Irish Heart Foundation.

As always thanks to the Glen Valley Off Road Centre, the McGettigan family, Hugh Hunter, race marshals, time keepers, Martin Fleming for pictures, those that provided refreshments after and anyone else who helped in any way for this good cause.

Run Cycle Run

Team Time

- 1 Edward John Sweeney & Myles Connor 01:04:04
- 2 Dinny Doherty & Declan Mc Bride 01:05:50
- 3 Edward Gallagher & Martin Gallagher 01:09:18

Men Time

- 1 Shaun Stewart 01:05:03
- 2 Sean Mc Fadden 01:05:22
- 3 John Mc Fadden 01:11:16

Ladies Time

- 1 Sinead Boyle 01:29:46
- 2 Rosemary Gallagher 01:33:08
- 3 Esther O'Kane 02:18:24

Run Cycle

Men

Name Time

- 1 Ben Carr 01:08:22
- 2 Terrance Gallagher 01:09:01
- 3 Ben Folan 01:09:02

Ladies

Name Time

- 1 Nancy McNamee 01:23:55
- 2 Josie Lawer 01:25:32
- 3 Leigh McGeever 01:29:27



Shaun McFadden (2nd) and Shaun Stewart (1st)

Run Cycle Run - Overall

Place Bib Number Name Time

200 Edward John Sweeney & Myles Connors (1st team) 01:04:04

- 149 Shaun Stewart 01:05:03 (1st Male)
- 152 Sean Mc Fadden 01:05:22 (2nd Male)
- 196 Dinny Doherty & Declan Mc Bride 01:05:50
- 199 Edward Gallagher & Martin Gallagher 01:09:18
- 108 John Mc Fadden 01:11:16 (3rd Male)
- 131 Eugene Mc Gettigan 01:11:38
- 159 Peter O'Donnell 01:11:48
- 135 Micheal Duffy 01:12:41
- 109 Anthony Sweeney 01:13:38
- 107 James Mc Fadden 01:14:30
- 115 Garath Kerrigan 01:14:31
- 160 John Mc Carron 01:14:39
- 106 Gavin Harris 01:14:58
- 148 Jason Black 01:15:23
- 130 Ryan Jordan 01:15:55
- 122 Brian Doherty 01:15:58
- 127 Joe Gallagher 01:16:13



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| 150 Darragh Kelly 01:16:17 | 104 Patrick Mc Conigley 01:26:22 |
| 163 Garvin Mulligan 01:16:31 | 124 Adam McGeever 01:26:44 |
| 132 Martin Jordan 01:17:08 | 125 Con McGeever 01:26:45 |
| 117 Damien Mc Bride 01:17:10 | 145 James Mc Hugh 01:26:47 |
| 142 Micheal Grant 01:17:16 | 151 Hugh Duffy 01:27:12 |
| 102 Ben George 01:17:49 | 129 Patrick Durning 01:27:36 |
| 111 Shaun Sweeney 01:18:08 | 157 Liam Bonner 01:27:42 |
| 110 Dereck Alcorn 01:18:14 | 147 Micheal Mc Hugh 01:28:11 |
| 146 Diarmuid Walsh 01:18:22 | 144 Seamus Mc Hugh 01:28:11 |
| 123 Damien Rogers 01:18:23 | 136 John Henry Boyce 01:28:38 |
| 121 David Connors 01:18:56 | 119 Johnny Duffy 01:28:49 |
| 2 Ennis McGinley 01:19:41 | 114 Pat Ferry 01:28:56 |
| 139 Padraig Mc Cafferty 01:20:33 | 188 Sinead Boyle 01:29:46 (1st Female) |
| 118 Brian Sweeney 01:20:44 | 138 Sean O Donnaile 01:13:18 |
| 140 Alan Trainor 01:22:28 | 187 RoseMary Gallagher 01:33:08 (2nd Female) |
| 162 Liam Doherty 01:22:55 | 116 Francis Diver 01:34:30 |
| 198 Shaun Mc Crudden & John Mc Namara
01:23:10 | 112 Lexie Diver 01:35:00 |
| 120 Connor Sweeney 01:23:13 | 164 Donagh Mc Clafferty 01:36:03 |
| 155 Moris Mc Bride 01:23:29 | 143 John Fealty 01:36:54 |
| 126 Graham Sterrit 01:23:53 | 141 Niall Mc Camphill 01:37:28 |
| 101 Barry Mackey 01:24:22 | 166 PJ Mc Fadden 01:37:49 |
| 133 Zach Gibson 01:24:57 | 153 Charlie Joe McGinley 01:38:55 |
| 158 David McNish 01:25:03 | 105 Patrick Hughes 01:39:00 |
| 137 Lester Dobson 01:25:42 | 103 Wesley Harris 01:44:59 |
| 134 Shaun Logue 01:25:47 | 128 Christy Callaghan 01:47:47 |
| 113 Martin Toye 01:26:21 | 154 Cathal Mc Gettigan 01:54:10 |
| | 156 Micheal Duffy 01:54:10 |

165 Esther O'Kane 02:18:24 (3rd Female)

Run Cycle Overall

Bib Number Name Time

11 Ben Carr 01:08:22

7 Terrance Gallagher 01:09:01

12 Ben Folan 01:09:02

5 Patrick Carr 01:12:58

14 Liam McLaughlin 01:15:01

1 Micheal McGinley 01:19:05

15 Ray Clenaghan 01:21:32

6 Barry McAntee 01:21:59

99 Nancy McNamee 01:23:55

3 Micheal Mc Garvey 01:23:55

161 Wesley Vance 01:24:50

98 Josie Lawer 01:25:32

8 Shane Laverty 01:25:33

9 Brian Shields 01:25:23

189 Leigh McGeever 01:29:27

13 Maurice Owens 01:30:55

93 Mary Ellen Friel 01:31:40

97 Ruth Mc Crudden 01:34:24

4 Andrew Stewart 01:35:24

100 Shona Maloney 01:38:47

10 Jimmy Boyle 01:39:05

95 Sharon Gallagher 01:43:24

96 Jacqueline McGroddy 01:46:50

94 Josephine Mc Bride 01:56:15



Liam Doherty Carrigart