

# Tír Chonaill Athletics Club

## Open Invitational Results

Sunday 19 April 2015

GIRLS 12						80 METRES					
HEAT 1						HEAT 2					
Post.	Name	Club	AGE			Post.	Name	Club	AGE		
1	206 Lucy McGlynn	Tir Chonaill AC	12	12.34	Q	1	247 Niamh Mohan	Tir Chonaill AC	12	12.03	Q
2	170 Erin Somers	North Leitrim AC	12	12.78	Q	2	145 Chloe Shiels	Letterkenny AC	12	13.27	
3	108 Emer Connolly	Corran AC	12	12.96		3	312 Alisha Cuskelly	Lifford AC	12	13.81	
4	205 Sadbh Williams	Tireragh AC	12	13.94		4	169 Niamh Carolan	North Leitrim AC	12	13.91	
5	141 Darci Crossan	Letterkenny AC	12	14.27		5	109 Nicola McGuire	Corran AC	12	14.15	
6	313 Mara McArdle	Lifford AC	12	15.06		280	Victoria Bradley	Tir Chonaill AC	12	15.61	
HEAT 3						HEAT 4					
Post.	Name	Club	AGE			Post.	Name	Club	AGE		
1	143 Michaela Galvin	Letterkenny AC	12	12.38	Q	1	252 Rachel Gallagher	Tir Chonaill AC	12	12.52	Q
2	183 Sarah Jane Keon	Tir Chonaill AC	12	12.81		2	110 Elizabeth Tighe	Corran AC	12	13.15	
3	314 Harriet McCrossan	Lifford AC	12	13.2		3	186 Amy Boland	Tireragh AC	12	13.45	
4	187 Ella Boland	Tireragh AC	12	13.75		4	144 Serena McCrossan McCardle	Letterkenny AC	12	14.32	
5	402 Aine Melarkey	Lifford	12	14.64		5	403 Hannah Whyte	Lifford	12	15.92	
HEAT 5						HEAT 6					
Post.	Name	Club	AGE			Post.	Name	Club	AGE		
1	111 Fiona Whitehead	Corran AC	12	12.5	Q	1	238 Cassie Brennan	Tir Chonaill AC	14	12.94	
2	140 Precious Aduka	Letterkenny AC	12	12.96		2	241 Meave Neil	Tir Chonaill AC	12	13.08	
3	251 Emer O'Brien	Tir Chonaill AC	12	13.04		3	142 Elle Crossan	Letterkenny AC	12	13.55	
4	188 Arwen O'Neill	Tireragh AC	12	13.53		4	315 Molly Harkin	Lifford AC	12	15.43	
5	279 Kerri O'Sullivan	Tir Chonaill AC	12	15.22							
BOYS 12						80 METRES					
HEAT 1						HEAT 2					
Post.	Name	Club	AGE			Post.	Name	Club	AGE		
1	136 Oran Kelly	Letterkenny AC	12	12.45	Q	1	166 Hugo Filan	North Leitrim AC	12	12.81	
2	214 Dylan McKenna	Corran AC	12	12.46	Q	2	316 Harvey Mullen	Lifford AC	12	13.21	
3	134 Billy Black	Letterkenny AC	12	13.21		3	408 Michael McGonagle	Finn Valley	12	13.26	
4	307 Ryan Galvin	Unattached	12	13.45		4	216 Ciaran Kenny	Corran AC	12	13.3	
5	277 Fiachra O'Donnell	Tir Chonaill AC	12	13.51		5	139 Adam McKinley	Letterkenny AC	12	13.57	
6	405 Diarmuid O'Donnell	Lifford	12	14.14		6	255 Liam Gallagher	Tir Chonaill AC	12	13.59	
HEAT 3						HEAT 4					
Post.	Name	Club	AGE			Post.	Name	Club	AGE		
1	243 Rian O'Murchu	Tir Chonaill AC	12	12.69		1	168 Patrick Montgomery	North Leitrim AC	12	12.04	Q
2	310 Eoin McGonagle	Finn Valley	12	12.79		2	266 Shane Breslin	Tir Chonaill AC	14	12.54	Q
3	167 Tom Hughes	North Leitrim AC	12	12.92		3	107 Thomas Sweeney	Corran AC	12	13.04	
4	135 Jude Hards	Letterkenny AC	12	13.07		4	138 Evan Keown	Letterkenny AC	12	13.13	
5	215 Niall Kenny	Corran AC	12	13.21		5	244 Johnnie McGonagle	Tir Chonaill AC	12	13.35	
HEAT 5											
Post.	Name	Club	AGE								
1	106 Michael Lavin	Corran AC	12	11.74	Q						
2	105 Oisin Brennan	Corran AC	12	12.31	Q						
3	309 Shane Delahunty	Tir Chonaill AC	12	12.7							
4	184 Matthew Johnston	Tireragh AC	12	13.59							
5	137 TJ Kenny	Letterkenny AC	12	13.84							



# Tír Chonail Athletics Club

## Open Invitational Results

Sunday 19 April 2015

GIRLS 18 100 METRES FINAL					BOYS 18 100 METRES FINAL						
Post.	Name	Club	AGE		Post.	Name	Club	AGE			
1	132	Janine Boyle	Finn Valley	18	12.85	1	181	Christopher O'Donnell	North Sligo AC	18	11.59
2	116	Zara Stafford	Corran AC	18	14.02	2	130	Danny Browne	Finn Valley	18	11.84
3	413	Michaela Lyons	Olympian	18	14.08	3	198	Dylan Kearns	Finn Valley	18	12.28
							199	Jordan McDaid	Finn Valley	18	12.37
							162	Naseer Sherzad	Letterkenny AC	18	12.59
							200	David Wilson	Finn Valley	18	12.77
100 METRES SENIOR WOMEN					100 METRES SENIOR MEN						
Post.	Name	Club	AGE		Post.	Name	Club	AGE			
1	282	Kate McGowan	Tír Chonail AC	Senior	12.79	1	163	Kelvin Crossan	Letterkenny AC	Master	11.89
2	220	Allesandra Feudatari	Corran AC	Senior	12.83	2	222	Aaron Cadden	Corran AC	Senior	11.98
3	273	Eva McMullin	Tír Chonail AC	Senior	13.38	3	227	Conal Mahon	Tír Chonail AC	Senior	12.13
4	412	Christina Logue	Olympian	Senior	13.92	4	271	Caolan O'Callaghan	Tír Chonail AC	Senior	12.49
5	203	Helena Bryson	Lifford AC	Senior	16.26	5	218	Jack Tillon	Sligo AC	Senior	12.54
						6	410	Martin Mooney	Innishowen	Senior	14.14
100 METRES MASTER MEN FINAL											
1	411	Martin O'Donnell	Olympian	Master	12.65						
2	417	Sean Crossan	Finn Valley	Master	13.77						
3	301	Frankie Murray	Finn Valley	Master	14.52						
4	287	John McDermot	Sligo AC	Master	14.71						
5	102	Frank Stewart	City of Derry Spartans	Master	16.7						
80 METRES GIRLS 12 FINAL					80 METRES BOYS 12 FINAL						
1	247	Niamh Mohan	Tír Chonail AC	12	12.29	1	106	Michael Lavin	Corran AC	12	11.71
2	206	Lucy McGlynn	Tír Chonail AC	12	12.35	2	168	Patrick Montgomery	North Leitrim AC	12	11.97
3	252	Rachel Gallagher	Tír Chonail AC	12	12.58	3	214	Dylan McKenna	Corran AC	12	12.26
4	143	Michaela Galvin	Letterkenny AC	12	12.58	4	136	Oran Kelly	Letterkenny AC	12	12.34
5	111	Fiona Whitehead	Corran AC	12	12.68	5	105	Olisín Brennan	Corran AC	12	12.46
6	170	Erin Somers	North Leitrim AC	12	12.82						
100 METRES GIRLS 14 FINAL					100 METRES BOYS 14 FINAL						
1	156	Stephanie Okoh	Letterkenny AC	14	13.34	1	321	Aaron McGrath	Lifford AC	14	13.34
2	115	Erin Taheny	Corran AC	14	13.65	2	208	Bardan McGuire	Sliabh Liag	16	13.65
3	123	Bethany Lecky	Finn Valley	14	13.78	3	177	Luke Casserly	North Sligo AC	14	13.78
4	114	Ellen Kilcoyne	Corran AC	14	13.95	4	291	Nathan Cannon	Sliabh Liag	14	13.95
5	236	Amy Elliott	Tír Chonail AC	14	14.32	5	164	Ryan O'Kane	Mid Ulster AC	14	14.32
100 METRES GIRLS 16					100 METRES BOYS 16 FINAL						
1	221	Elli McGeough	Corran AC	16	12.98	1	329	Tom Mullen	Lifford AC	16	12.25
2	418	Lauren Cadden	Sligo AC	0	13.12	2	498	Liam Keane	Letterkenny	0	12.72
3	211	Jayne Drury	Shercock AC	16	13.65	3	179	Conor Herrity	North Sligo AC	16	12.89
4	159	Cloidhna Harvey	Letterkenny AC	16	14.16	4	414	Iarla O'Murchu	Tír Chonail AC	16	13.12
5	210	Danielle Hill	Shercock AC	16	14.43	5	193	Stewart Farry	Tireragh AC	16	13.58
6	160	Lee Walsh	Letterkenny AC	16	15.21	6	194	Peter Ward	Tireragh AC	16	13.93

# Tír Chonaill Athletics Club

## Open Invitational Results

Sunday 19 April 2015

600 METRES GIRLS RACE 2					600 METRES BOYS 12				
Post.	Name	Club	AGE		Post.	Name	Club	AGE	
1	170 Erin Somers	North Leitrim AC	12	1.59.9	1	168 Patrick Montgomery	North Leitrim AC	12	1.52.1
2	251 Emer O'Brien	Tír Chonaill AC	12	2.08.7	2	136 Oran Kelly	Letterkenny AC	12	1.53.3
3	146 Tiegán Smith	Letterkenny AC	12	2.09.4	3	166 Hugo Filan	North Leitrim AC	12	1.58.2
4	492 Savannah Timoney	Tír Chonnaill	0	2.10.1	4	134 Billy Black	Letterkenny AC	12	1.58.9
5	241 Meave Neil	Tír Chonaill AC	12	2.10.8	5	170 Erin Somers	North Leitrim AC	12	1.59.9
6	142 Elle Crossan	Letterkenny AC	12	2.11.8	6	138 Evan Keown	Letterkenny AC	12	2.0.1
7	141 Darci Crossan	Letterkenny AC	12	2.13.3	7	167 Tom Hughes	North Leitrim AC	12	2.03.7
8	145 Chloe Shiels	Letterkenny AC	12	2.15.5	8	316 Harvey Mullen	Lifford AC	12	2.08.1
9	495 Ashleigh McArdle	Lifford AC	0	2.15.6	9	408 Michael McGonagle	Finn Valley	12	2.08.3
10	313 Mara McArdle	Lifford AC	12	2.19.8	10	307 Ryan Galvin	Unattached	12	2.08.5
11	183 Sarah Jane Keon	Tír Chonaill AC	12	2.27.7	11	404 Cormac O'Donnell	Lifford	12	2.11.2
12	239 Aibhe McCrossan	Tír Chonaill AC	12	2.29.7	12	139 Adam McKinley	Letterkenny AC	12	2.11.8
13	402 Aine Melarkey	Lifford	12	2.33.4	13	135 Jude Hards	Letterkenny AC	12	2.11.9
					14	308 Elijah McGinley	Finn Valley	12	2.13.6
					15	310 Eoin McGonagle	Finn Valley	12	2.19.7
					16	309 Shane Delahunty	Tír Chonaill AC	12	2.20.6
600 METRES BOYS					600 METRES GIRLS				
RACE 1					Post.	Name	Club	AGE	
1	153 David Smith	Letterkenny AC	14	1.46.4	1	232 Dervela Neil	Tír Chonaill AC	14	1.49.9
2	147 Oisín Farrén	Letterkenny AC	14	1.47.8	2	233 Laoise McGonagle	Tír Chonaill AC	14	1.56.9
3	149 Cartha Hughes	Letterkenny AC	14	1.51.2	3	174 Jennifer Montgomery	North Leitrim AC	14	1.56.9
4	231 Eoin Sharkey	Tír Chonaill AC	14	1.51.4	4	238 Cassie Brennan	Tír Chonaill AC	14	1.59.1
5	151 Shane McAteer	Letterkenny AC	14	1.54.8	5	268 Aoife Green	Tír Chonaill AC	14	2.01.2
6	318 Wilson Craig	Lifford AC	14	1.57.2	6	178 Brid McSharry	North Sligo AC	14	2.01.9
7	150 Ronan Kelly	Letterkenny AC	14	2.00.4	7	493 Rose Wilcox	Tír Chonnaill	0	2.04.7
8	148 Jack Holihan	Letterkenny AC	14	2.04.5	8	175 Lara Mulvaney Kelly	North Leitrim AC	14	2.07.9
9	152 Matthew Price	Letterkenny AC	14	2.07.3	9	173 Caoimhe Hughes	North Leitrim AC	14	2.11.9
10	292 Dermot Callaghan	Sliabh Liag	14	2.12.4					
11	269 Setanta Tanhan	Tír Chonaill AC	14	2.16.8					
12	257 Diarmuid O'Donnell	Tír Chonaill AC	14	2.17.7					
800 METRES GIRLS 16					800 METRES BOYS 16				
RACE 1					Post.	Name	Club	AGE	
1	274 Kerri O'Loughlin	Tír Chonaill AC	16	2.49.2	1	323 Conor McGinley	Lifford AC	16	2.20.6
2	289 Emer Carr	Sliabh Liag	16	2.59.3	2	328 Charlie McElwaine	Lifford AC	16	2.29.6
3	288 Brenda McNelis	Sliabh Liag	16	2.59.5	3	324 Fionntan Moore	Lifford AC	16	2.37.9
4	290 Siobhán Doherty	Sliabh Liag	16	3.06.4	4	291 Nathan Cannon	Sliabh Liag	14	2.42.1
					5	230 Declan Sharkey	Tír Chonaill AC	16	2.42.5
					6	208 Bardan McGuire	Sliabh Liag	16	2.42.6
					7	491 James Kerrigan	Tír Chonnaill	0	2.44.0
					8	229 Caoilum Gallagher	Tír Chonaill AC	16	2.53.6
					9	293 Stephen Gallagher	Sliabh Liag	14	3.02.7
800 METRES BOYS 18					800 METRES MEN SENIOR				
RACE 1					RACE 2				
1	332 Alan McGinley	Lifford AC	18	2.08.1	1	219 Ali Mohammed	Sligo AC	Senior	2.08.5
2	223 Lee McCallion	Corran AC	18	2.11.2	2	490 Christopher Murray	Cranford	0	2.12.9
3	180 Darragh Kelly	North Sligo AC	18	2.11.9	3	410 Martin Mooney	Innishowen	Senior	2.24.4
4	161 Donal Farrén	Letterkenny AC	18	2.13.2					
5	334 Niall Elliott	Lifford AC	18	2.24.9					
800 METRES MASTER MEN					800 METRES SENIOR WOMEN				
1	165 Brian Boyce	Letterkenny AC	Master	2.19.9	1	335 Karen Gallagher	Lifford AC	Senior	2.23.6
2	286 John O'Brien	Tír Chonaill AC	Master	2.30.1	2	273 Eva McMullin	Tír Chonaill AC	Senior	2.35.2
3	285 Martin O'Helloran	Tír Chonaill AC	Master	2.32.9					

# Tír Chonaill Athletics Club

## Open Invitational Results

Sunday 19 April 2015

<b>60 METRES HURDLES GIRLS 12</b>													
HEAT 1					HEAT 2								
1	416	Demi Crossan	Finn Valley	0	13.01	Q	1	108	Emer Connolly	Corran AC	12	13.25	Q
2	110	Elizabeth Tighe	Corran AC	12	13.33	Q	2	187	Ella Boland	Tireragh AC	12	13.52	Q
3	265	Enya Gallagher	Tir Chonaill AC	14	14.4		3	143	Michaela Galvin	Letterkenny AC	12	13.85	Q
4	252	Rachel Gallagher	Tir Chonaill AC	12	14.44		4	109	Nicola McGuire	Corran AC	12	14.12	Q
5	189	Jane Tempany	Tireragh AC	12	17.07		5	279	Kerri O'Sullivan	Tir Chonaill AC	12	15.8	
<b>60 METRES HURDLES BOYS</b>													
HEAT 1					HEAT 2								
1	105	Olisin Brennan	Corran AC	12	11.99	Q	1	106	Michael Lavin	Corran AC	12	11.6	Q
2	408	Michael McGonagle	Finn Valley	12	13.88	Q	2	404	Cormac O'Donnell	Lifford	12	12.64	Q
3	255	Liam Gallagher	Tir Chonaill AC	12	13.93	Q	3	307	Ryan Galvin	Unattached	12	13.61	Q
4	137	TJ Kenny	Letterkenny AC	12	14.01		4	277	Fiachra O'Donnell	Tir Chonaill AC	12	14.12	
5	308	Elijah McGinley	Finn Valley	12	14.53		5	278	Matthew McNamee	Tir Chonaill AC	12	29.79	
<b>75 METRES HURDLES GIRLS 14</b>													
FINAL					FINAL								
1	115	Erin Taheny	Corran AC	14	15.03		1	113	Orlaith Connolly	Corran AC	14	15.02	
2	254	Annie McGrory	Tir Chonaill AC	14	16.12		2	248	Aisling Mohan	Tir Chonaill AC	14	16.8	
3	268	Aoife Green	Tir Chonaill AC	14	16.5								
4	217	Maura Madden	Corran AC	14	16.52								
<b>75 METRES HURDLES BOYS FINAL 14</b>													
HEAT 1					FINAL								
1	164	Ryan O'Kane	Mid Ulster AC	14			1	211	Jayne Drury	Shercock AC	16	13.66	
2	319	Ben Connolly	Lifford AC	14			2	210	Danielle Hill	Shercock AC	16	13.73	
3	269	Setanta Tanhan	Tir Chonaill AC	14			3	196	Ciara Mooney	Tireragh AC	16	14.91	
							4	224	Aine Keer	Finn Valley	16	15.37	
							5	225	Claire Doherty	Letterkenny AC	16	16.77	
<b>80 METRES HURDLES BOYS 16 FINAL</b>													
1	329	Tom Mullen	Lifford AC	16	16.4		1	220	Allesandra Feudatari	Corran AC	Senior	15.42	
2	325	Conor Breslin	Lifford AC	16	17.91		2	207	Emma McCay	City of Derry Spartans	Senior	16.75	
<b>110 METRES HURDLES MEN</b>													
FINAL					FINAL								
1	104	Michael Surman	City of Derry Spartans	Senior	17.08		1	103	Danea Herron	City of Derry Spartans		17.17	
2	299	Aiden Gillespie	Rosses AC	Master	18.78								
3	165	Brian Boyce	Letterkenny AC	Master	21.8								
<b>60 METRES HURDLES GIRLS FINAL</b>													
HEAT 1					HEAT 2								
1	110	Elizabeth Tighe	Corran AC	12	12.53		1	106	Michael Lavin	Corran AC	12	11.38	
2	416	Demi Crossan	Finn Valley	0	12.6		2	105	Olisin Brennan	Corran AC	12	11.99	
3	108	Emer Connolly	Corran AC	12	13.24		3	307	Ryan Galvin	Unattached	12	13.09	
4	187	Ella Boland	Tireragh AC	12	13.64		4	404	Cormac O'Donnell	Lifford	12	13.5	
5	143	Michaela Galvin	Letterkenny AC	12	13.72		5	408	Michael McGonagle	Finn Valley	12	13.82	
6	109	Nicola McGuire	Corran AC	12	13.9		6	255	Liam Gallagher	Tir Chonaill AC	12	13.85	
<b>75 METRES HURDLES GIRLS 14 FINAL</b>													
1	115	Erin Taheny	Corran AC	14	14.66		Post.	Name	Club	AGE			
2	113	Orlaith Connolly	Corran AC	14	14.71								
3	317	Olivia Cuskelly	Lifford AC	14	15.65		1	Ryan Roberts	Sligo AC	7.29			
4	254	Annie McGrory	Tir Chonaill AC	14	16.13								
5	268	Aoife Green	Tir Chonaill AC	14	16.28								
6	248	Aisling Mohan	Tir Chonaill AC	14	16.81								
<b>100 HURDLES SENIOR WOMEN</b>													
<b>100 HURDLES WOMEN</b>													
<b>60 METRES HURDLES BOYS FINAL</b>													
<b>1200 METRES WALK BOYS</b>													



# Tír Chonaill Athletics Club

## Open Invitational Results

Sunday 19 April 2015

LONG JUMP					LONG JUMP				
GIRLS 12					BOYS 12				
Post.	Name	Club	AGE	Time	Post.	Name	Club	AGE	Time
1	304 Caoimhe Thomson	Finn Valley	14	4.02	1	138 Evan Keown	Letterkenny AC	12	3.18
2	252 Rachel Gallagher	Tir Chonaill AC	12	3.78	2	134 Billy Black	Letterkenny AC	12	3.05
3	247 Niamh Mohan	Tir Chonaill AC	12	3.66	3	107 Thomas Sweeney	Corran AC	12	2.82
4	143 Michaela Galvin	Letterkenny AC	12	3.57	4	136 Oran Kelly	Letterkenny AC	12	2.81
5	110 Elizabeth Tighe	Corran AC	12	3.56	<b>LONG JUMP BOYS 16</b>				
6	416 Demi Crossan	Finn Valley	0	3.52	Post.	Name	Club	AGE	Time
7	118 Cara Wilkinson	Finn Valley	14	3.34	1	498 Liam Keane	Letterkenny	0	5.32
8	314 Harriet McCrossan	Lifford AC	12	3.33	2	325 Conor Breslin	Lifford AC	16	4.77
9	241 Meave Neil	Tir Chonaill AC	12	3.33	<b>LONG JUMP GIRLS 16</b>				
10	111 Fiona Whitehead	Corran AC	12	3.25	Post.	Name	Club	AGE	Time
11	145 Chloe Shiels	Letterkenny AC	12	3.15	1	224 Aine Keer	Finn Valley	16	4.78
12	495 Ashleigh McArdle	Lifford AC	0	3.15	2	210 Danielle Hill	Shercock AC	16	4.29
13	170 Erin Somers	North Leitrim AC	12	3.13	3	211 Jayne Drury	Shercock AC	16	3.91
14	311 Adrienne Gallen	Lifford AC	12	3.13	4	225 Claire Doherty	Letterkenny AC	16	3.86
15	109 Nicola McGuire	Corran AC	12	3.08	5	160 Lee Walsh	Letterkenny AC	16	3.82
16	108 Emer Connolly	Corran AC	12	3.01	6	288 Brenda McNelis	Sliabh Liag	16	3.4
17	249 Sarah Jane Keon	Tir Chonaill AC	14	2.99	7	274 Kerri O'Loughlin	Tir Chonaill AC	16	3.34
18	169 Niamh Carolan	North Leitrim AC	12	2.98	8	275 Elaine Wright	Tir Chonaill AC	16	2.94
19	312 Alisha Cuskelly	Lifford AC	12	2.93	<b>HIGH JUMP BOYS 12</b>				
20	267 Catherine Campbell	Tir Chonaill AC	14	2.93	Post.	Name	Club	AGE	Time
21	146 Tiegan Smith	Letterkenny AC	12	2.90	1	404 Cormac O'Donnell	Lifford	12	1.2
22	313 Mara McArdle	Lifford AC	12	2.87	2	408 Michael McGonagle	Finn Valley	12	1.2
23	205 Sadbh Williams	Tireragh AC	12	2.86	3	307 Ryan Galvin	Unattached	12	1.15
24	265 Enya Gallagher	Tir Chonaill AC	14	2.79	4	255 Liam Gallagher	Tir Chonaill AC	12	1.05
25	187 Ella Boland	Tireragh AC	12	2.79	5	316 Harvey Mullen	Lifford AC	12	1
26	141 Darci Crossan	Letterkenny AC	12	2.65	6	398 Elija McGinley	Finn Valley	0	0.95
27	140 Precious Aduka	Letterkenny AC	12	2.65	<b>LONG JUMP GIRLS 14</b>				
28	315 Molly Harkin	Lifford AC	12	2.46	Post.	Name	Club	AGE	Time
29	Aine Melarkey	Lifford AC	12	2.43	1	302 Bosco Reid	Finn Valley	Master	11.02
30	Hannah Whyte	Lifford AC	12	2.41	2	498 Liam Keane	Letterkenny	0	10.94
					3	406 Mark Doherty	Lifford	Masters	10.56
					4	296 Thomas Marry	Rosses AC	16	10.24
					5	414 Iarla O'Murchu	Tor Chonaill AC	14	10.14
					6	104 Michael Surman	City of Derry Spartans	Senior	10.12
					7	204 Luke McDermot	Rosses AC	16	10.05
					8	228 Mark McElhinney	Finn Valley	16	9.78
					9	102 Frank Stewart	City of Derry Spartans	Master	8.23
					10	303 Barry Holmes	Mid Ulster AC	Master	7.94
					11	303 Barry Holmes	Mid Ulster AC	Master	7.93
					12	326 Shane O'Donnell	Lifford AC	16	7.79
					<b>LONG JUMP SENIOR/MASTERS</b>				
					Post.	Name	Club	AGE	Time
					1	227 Conal Mahon	Tir Chonaill AC	Senior	5.84
					2	198 Dylan Kearns	Finn Valley	18	5.68
					3	299 Aiden Gillespie	Rosses AC	Master	5.66
					4	488 Shane Mooney	Tireragh AC	0	5.58
					5	271 Caolan O'Callaghan	Tir Chonaill AC	Senior	5.4
					6	199 Jordan McDaid	Finn Valley	18	5.14
					7	200 David Wilson	Finn Valley	18	4.98
					8	162 Naseer Sherzad	Letterkenny AC	18	4.91
					9	102 Frank Stewart	City of Derry Spartans	Master	2.89

